

# Winter 2020



## Winter News & Training Bulletin

### Child Care Resource & Referral

Serving Early Childhood Educators in Douglas, Lake & Klamath Counties  
 Douglas: 541.440.7705 - Klamath & Lake: 541.882.2308

### Upcoming Classes

#### Douglas County

For SET 1 classes, call UCC at 541-440-4668. For SET 2 classes, call CC&E at 541-440-7705 or click on the class link below

Date/Time	Title	Description	SET/CKC Hours	Fee
January 17 6-8 pm Friday	<a href="#"><u>Baby 101</u></a>	Learn some baby basics and helpful tips to help keep life with baby running smoothly. For all parents and caregivers who interact with infants. A nurse will be available to answer questions during the workshop. Take Root, Care Connections & Education and UCC present this class for parents and caregivers of children 0-5 years of age.	SET 1 CKC: HGD 2 hours	Free
January 23 6-8 pm Thursday	<a href="#"><u>Technology for Tots</u></a>	How do screens affect a child's brain? How much screen time is appropriate, if any? What age should children begin using screens? In this tech workshop, we will discuss everything from sense stimulation to time management. Leave with valuable resources, some goodies to help manage technology in your home, and the confidence that you are best preparing your child to function in this digital world. Take Root, Care Connections & Education and UCC present this class.	SET 1 CKC: HGD 2 hours	Free
Feb 11 10am-1pm Tuesday	<i>Introduction to Registered Family Child Care Part Two</i>	There are two parts to the Introduction to Registered Family Child Care class. The required Part One class is available online at <a href="http://campus.educadium.com/OCCD/">http://campus.educadium.com/OCCD/</a> Part Two is the in-person training you must attend after completing Part One. This free class provides a rule book, resources to help you be successful, information about Child Care Resource & Referral, and more. You must call to register for this class.	SET 1 CKC: PM 3.5 hours	Free

February 13 10am-12pm Thursday	<a href="#"><i>DHS Orientation</i></a>	Mandatory for newly listed license exempt DHS providers. Learn about billing and enhanced rate. You must call to register for this class.	SET 1 CKC: PM 1.5 hours	Free
February 12 6-8 pm Wednesday	<a href="#"><i>Happy Monster, Sad Monster</i></a>	Young children experience big feelings and need our guidance to develop social emotional competency. Discover fun ways to cultivate your child's emotional intelligence using children's literature and related activities. Take Root, Care Connections & Education and UCC present this workshop for parents and caregivers of children birth to 9 years of age.	SET 1 CKC: UGB 2 hours	Free
March 11 6-8 pm Wednesday	<a href="#"><i>We Read! Exploring Children's Literacy</i></a>	Reading to young children is one of the best ways to get their brains to start making connections. Learn ways to engage your child while you read with them and enrich their minds during story time Take Root, Care Connections & Education and UCC present this class for parents and caregivers of children 0-5 years of age.	SET 1 CKC: LEC 2 hours	Free

**Two PRO Classes/One Day:**

Feb 8 9-11 am Saturday	<a href="#"><i>Playing Isn't Just for Kids: Creating Events for Families &amp; Communities Within Your Program</i></a>	Explore strategies and tools to include all families in our ECE programs in order to make connections with other families, creating a stronger community of parents and resources as well as honoring family cultures and connections to needed resources. We will be exploring techniques to share with families how to support their children through play.	SET 2 CKC: FCS 2 Hours	\$10/ Free to PRO Members
Feb 8 12-2 pm Saturday	<a href="#"><i>Let's Make a Plan: Incorporating O&amp;A into Your Program</i></a>	Participants will examine the early learning domains, observation and assessment tools and ways to utilize gained information in curriculum and environment planning.	SET 2 CKC: OA 2 Hours	\$10/ Free to PRO Members

**Two Classes/One Day:**

February 15 9 am –12 pm Saturday	<a href="#"><i>Exploring Tools for Social &amp; Emotional O&amp;A</i></a>	This training will examine tools including the Teaching Pyramid Observation Tool to support social/emotional program observation and assessment. We will also explore strategies to assess children's' social/emotional development.	SET 2 CKC: OA 3 Hours	\$10
February 15 12:30-3:30pm Saturday	<a href="#"><i>Behavior Management Strategies for High Needs Children When You've Used All Your Tricks</i></a>	This training will examine behaviors that push limits and feel like they are beyond our skills. We will explore tools to manage behaviors and needs that support inclusion and children with high needs.	SET 2 CKC: SN 3 Hours	\$10

March 7 8:30 am-4:30 pm Saturday	<a href="#"><u>SOU Workshop: The Power of Theatre in ECE</u></a>	Briskworks Storytheatre is an immersion into that process. Each of the stories will fit within this year's theme, "Time Together." The stories we select from existing material and the stories we create from our own experience will have to do with the value of and challenges we find sharing time with people in our lives. The students will experience creative skill building, enhanced understanding of the collaborative process, and the sense of contributing to a vibrant community. The intensive format is an opportunity to successfully imagine and move within time boundaries. Participants engage in special focus workshops, rehearsals, discussions, and a culminating performance. Will combine drama therapy "workshops" in: Ensemble building, Vocal articulation and projection, Improvisation, Personal Narrative, Moving together, and Playback Theatre	SET 2 CKCs: TBD 8 Hours	Free or \$55 for College Credit
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## Klamath Falls and Lake County

For more information or to register for these classes, call 541-882-2308 or click on the class link below

Date/Time	Title	Description	SET/CKC Hours	Fee
January 7 6:30-8:30pm Tuesday	<a href="#"><u>DHS Orientation</u></a>	Mandatory for newly listed license exempt DHS providers. Learn about billing and enhanced rate. You must call to register for this class.	SET 1 CKC: PM 1.5 hours	Free
January 14 6:00-8:00pm Tuesday	<a href="#"><u>CPR/FA Skills Class</u></a>	This class is part of a blended CPR/FA course. Students must enroll and finish a CPR/FA class online. Once the online class is passed, the student must attend a CPR/FA Skills training class to demonstrate what they have learned. Students must enroll in the online class by January 12th and must complete the online portion by January 13th. Cost is \$45.00 and must be paid before the online link can be sent to them. You must call to register for this class.	SET 1 CKC: HSN 2 hours	\$45
January 18 10am-12 pm Saturday	<a href="#"><u>Curious About Spark</u></a>	In this class, participants will learn about the history of SPARK, Oregon Registry and how to get started in the SPARK process. Student will review the application, take initial steps to complete the self-assessment and learn about documenting quality improvements for their portfolio.	SET 1 CKC: PM 2 hours	Free

**Two Classes/One Day:**

January 25 9am-12pm Saturday	<a href="#"><u>Discovering Potentials 1.1: Rhythms of Change</u></a>	In the years between ages 5 and 12, children make dramatic changes in development. After looking at and overview of major theories of development, we will begin to form realistic pictures of the needs and "missions" of children in the school-age years. As practitioners, we will begin to know how to support their needs in our programs.	<b>SET 1 CKC: HGD 3 hours</b>	<b>Free</b>
January 25 12:30-3:30pm Saturday	<a href="#"><u>Discovering Potentials 1.2: What's the Brain Got to Do with It?</u></a>	Children's brains grow and change in the school age years. We will look at how the brain develops and its connections to emotional experiences and stress. Practitioners will learn how they can support children in stress.	<b>SET 1 CKC: HGD 3 hours</b>	<b>Free</b>
Feb 4 10:00am-1:00pm Saturday	<a href="#"><u>Introduction to Registered Family Child Care Part Two</u></a>	There are two parts to the Introduction to Registered Family Child Care class. The required Part One class is available online at <a href="http://campus.educadium.com/OCCD/">http://campus.educadium.com/OCCD/</a>  Part Two is the in-person training you must attend after completing Part One. This free class provides a rule book, resources to help you be successful, information about Child Care Resource & Referral, and more. You must call to register for this class.	<b>SET 1 CKC: PM 3.5 hours</b>	<b>Free</b>
February 6 Through March 12 6:30-8:30 pm Thursdays	<a href="#"><u>Child Protection Unit: Good Touch-Bad Touch</u></a>	The goal of the Child Protection Unit is to develop children's ability to identify, report, and refuse unsafe touches and situations and sexually abusive touch. They will do this by: 1. Identify and follow rules 2. Respond to unsafe situations by using the Ways to Stay Safe 3. Apply the Ways to Stay Safe to situations involving sexually abusive touching. <b>This is a 6 week course for 10 people.</b>	<b>SET 1 CKC: HSN</b>	<b>Free</b>
February 29 8:30am-4:30pm Saturday	<a href="#"><u>SOU Workshop: Whole-Body Learning: Games &amp; Movement for Young Children</u></a>	We will explore the topic of whole-body learning and ways to incorporate movement journeys, games, and other lively activities into the child's every day	<b>SET 2 CKCs: 4 HSN &amp; 4 LEC</b>	<b>Free or \$55 for College Credit</b>

**Lake Classes TBA:** DHS Orientation, Family Child Care Overview, CPR/FA Skills, Recognizing and Reporting Child Abuse and Neglect, Oregon Child Care Health and Safety

**Attention Lake Providers:** If you need assistance in order to attend Douglas or Klamath County classes, please call the Klamath office at 541-882-2308.

Coming in May to Douglas County...

Save the Date

SPRING  
FLING  
May 16th  
2020



**KEYNOTE SPEAKER:  
DR. JOHNNY LAKE**

Dr. Johnny Lake is an international consultant, trainer and speaker certified in programs respecting leadership, diversity, community-building, cross-cultural communication and interactions skills, equity and ethics for youth and adults.

**Door Prizes  
Lunch  
Networking & Vendors**

## Things to Do: Pretend Cooking

Pretend cooking is one of the most popular ways kids can engage in natural imaginative play - after all, they love helping mum in the kitchen so it is even more fun when they can magic up their own kitchen fun when they get busy with pretend cooking.

### What you need:

Old kitchen utensils  
Plastic cups  
Plastic cutlery  
Wooden spoons  
Cake tins

### Activity:

Using the kitchen equipment you have assembled, create a space in your kitchen or outdoors where your kids can get busy with pretend cooking.

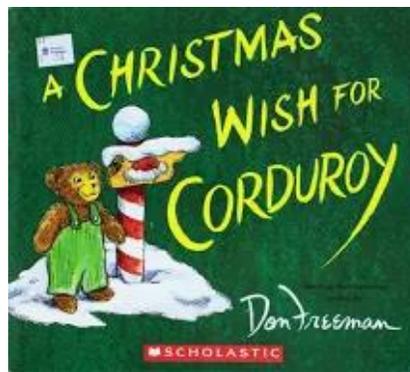
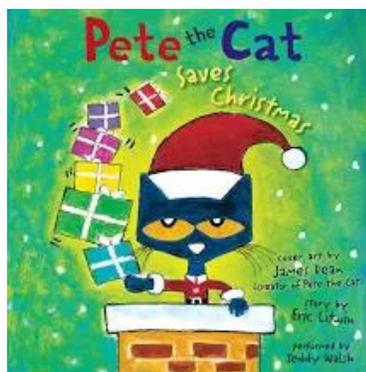
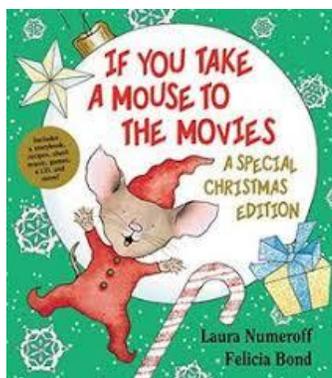
### Notes:

A plastic jug of water will encourage water play and add an extra dimension to the cooking play. Sand, earth, flowers and leaves can make great 'ingredients' for pretend cooking. Some children enjoy making an oven and stove to use in their pretend cooking play.



*\*This activity has been brought to you by The Natural Confectionery Co. and [www.kidspot.com.au](http://www.kidspot.com.au).*

## Three Great Holiday Books to Check Out



## Rolo Pretzel Reindeer Recipe



### INGREDIENTS:

- 40 small pretzels divided
- 20 ROLO'S
- 40 candy eyes
- 20 small round red candies any variety

### INSTRUCTIONS:

Preheat the oven to 250. Place 20 of the pretzels on a baking sheet lined with parchment or foil and top each pretzel with a Rolo candy.

Carefully cut the remaining pretzels in half to form antlers.

Place the baking sheet with the pretzels and Rolos in the oven and bake 3 minutes, or until the candies are softened.

Remove the baking sheet from the oven and add eyes, nose, and antlers to each reindeer. Work quickly before the chocolate cools and hardens.

Allow the reindeer to cool completely before serving.



*This recipe and photos are from [www.iheartnaptime.net/rolo-pretzel-reindeer](http://www.iheartnaptime.net/rolo-pretzel-reindeer)*

# Happy Holidays from Care Connections!

**Douglas 541.440.7705 | Klamath & Lake 541.882.2308**

**[umpqua.edu/care-connections](http://umpqua.edu/care-connections)**