COMMUNITY AND WORKFORCE TRAINING

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COMMUNITY & WORKFORCE TRAINING (Formerly old Science Building)
1140 Umpqua College Rd. Roseburg
Office ................................................................. 541-440-4668
Regular Hours
Mon - Friday ......................................................... 8 am - 5 pm

DATES
November
5 | Monday
CWT Registration Begins
January
7 | Monday
Winter Classes Begin
21 | Monday
Martin Luther King (campus closed)
February
18 | Presidents Day (campus closed)
25 | Monday
Spring Term registration begins
March
23 | Saturday
End of Winter Term Classes
24-31 | Sunday-Sunday
Spring Break

CONTACT STAFF
General Information:
Lynne Smith
541-440-7679 • Lynne.Smith@umpqua.edu
Program Administrator:
Robin VanWinkle
541-440-4651 • Robin.VanWinkle@umpqua.edu
CPR/First Aid, Bus/Van Training, Driver Education,
Flagger, OSHA, Pharmacy Technician, Phlebotomy,
Business & Career Training, CDL:
Judy Ode
541-440-7691 • Judy.Ode@umpqua.edu
Arts, Crafts, Fitness, Home & Garden, Special Interest,
Discovery College for Kids, Matrix Classes for Middle/HS Students, Dance, Recreation, Languages, Writing,
Genealogy, Computers, Online, Photo Editing:
Susan Neeman
541-440-4655 • Susan.Neeman@umpqua.edu
Business & Career Training, CEUs, Special Interest,
Workforce & Customized Training:
John Fett
541-440-7650 • John.Fett@umpqua.edu

READABLE THE COMMUNITY AND WORKFORCE TRAINING SCHEDULE

<table>
<thead>
<tr>
<th>course title</th>
<th>total cost</th>
<th>Session I.D.</th>
<th>Course Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>QUICKBOOKS BASICS</td>
<td>$75</td>
<td>W19QUICKBOOKS1.70</td>
<td>1/15 - 1/22</td>
<td>UCC Campus, WCH 12</td>
</tr>
</tbody>
</table>

Days of the Week
Mon = Monday
Tue = Tuesday
Wed = Wednesday
Thu = Thursday
Fri = Friday
Sat = Saturday
Sun = Sunday

Class meets all days listed. For example:
Tue, Thu = meets Tuesday AND Thursday
Sat, Sun = meets Saturday AND Sunday
Mon, Tue, Wed, Fri = meets Monday, Tuesday, Wednesday, Friday

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
REGISTRATION POLICIES & PROCEDURES

UCC Community Education Classes are open to the public. Classes are open to students 16 years and older unless otherwise stated. Youth and Family classes are specifically designed for young people, teens, or families. Community Education and Workforce Training classes are separate from credit offerings and do not count towards degrees, diplomas, or certificate programs.

PAYMENT
Payment is due at time of registration. Make checks payable to UCC. Visa, MasterCard and Discover Card are accepted.

REGISTRATION
Pre-registration for Community Education classes is strongly encouraged. Registration at the first class session cannot be guaranteed in cases where the class is full or cancelled due to low enrollment numbers.

4 WAYS TO REGISTER

1. Online – Go to umpqua.edu/cwt and select the “Register Here” button. You will be able to view and register for Community, Workforce Training, and Small Business Classes.

2. Phone – Call 541-440-4668 weekdays between 8:00 am – 5:00 pm. We accept Visa, MasterCard and Discover.

3. Mail – Mail a completed Community Education registration form found on this page with payment to: UCC Community & Workforce Training, PO Box 967, Roseburg, OR 97470. Do not send cash. Mail-in registration does not guarantee space. Fax to 541-440-7721.

4. In Person – Register at the UCC Community and Workforce Training Office - UCC Campus, Community and Workforce Training (formerly old Science Building), 1140 Umpqua College Rd. between 8 am – 5 pm, Monday through Friday. UCC is closed on Fridays from mid-June through mid-September.

REFUNDS
- Full refunds will be issued to all students if UCC must cancel a class.
- Students are eligible for a refund if they drop a class two business days prior to the class start date. To cancel a class, contact UCC Community & Workforce Training at 541-440-4668.
- Financial credit towards future classes may be considered based on special circumstances but is not guaranteed. Requests based on special circumstances must be requested in writing to the Community Education and Workforce Training Office, PO Box 967, Roseburg 97470.

COMMUNICATION
Those registering online will receive confirmation to the email entered in the system. Those registering by phone, in person, or by mail will receive confirmation after the payment is processed. We will also contact you if the class is cancelled, if there is a change in time, facility or location, or if the class is full.

INCLEMENT WEATHER
UCC Community Education Classes held on campus are closed when UCC is officially closed due to severe weather. If your class is held at a local school and the school is closed due to weather, your class will be cancelled for the evening. Listen to local radio stations or visit the UCC website www.umpqua.edu for weather closure information.

CAMPUS PARKING
Umpqua Community College provides ample parking spaces near and around all campus buildings. Students may park in any space, except for staff (green) and visitor (white) and those reserved for persons with a disabled person parking permit, which are marked in blue with signs. Stickers and placards required to park in disabled parking spaces are issued by the Oregon Division of Motor Vehicles. Please note that traffic citations will be issued for improperly parked vehicles. For more information, go to www.umpqua.edu/parking.

GOLD CARD PROGRAM — 20% GOLD CARD
SENIOR DISCOUNT
Douglas County Residents who are 60 years of age or older, and Disability Gold Card holders are eligible for a 20% discount off the costs of selected Community Education classes. Look for the symbol for classes that qualify for the Gold Card discount. Eligible residents should enter “GOLD” during checkout or ask for discount if registering over the phone.
ARTS & CRAFTS

CREATIVE ARTS

BOOKBINDING

In this class you will produce a small hardcover, hand sewn book that lays flat when it’s open, perfect for writing in or to use as an art journal. You will design custom artwork for the covers and end papers. Instructor, Cheryl Stokes, will supply all materials needed for the class. $39

WI19BOOKBINDING1.70
3/2 Sat 2 - 4 pm
UCC Campus, TAP 14

CREATE YOUR OWN PAPER FLOWERS

Get your creative juices flowing and learn to make four different types of dimensional paper flowers. After you create some of these beautiful flowers, you will use your art to create a wreath, picture frame and card. All supplies included.

Instructor: K. Moore $45

WI19PAPERFLOWERS1.70
2/22 Mon 6 - 8 pm
UCC Campus, TBD

EXPLODING BOX!

Not nearly as dangerous as they sound! These beautiful paper boxes are masterfully created so that the sides cascade outwards as the lid is removed. These boxes can be used to house small gifts or be the gift themselves. Join this class and let you creative juices flow! Instructor: E. Broecker Must bring sharp scissors to class. All other supplies included. $35

WI19EXPLOSIONBOX1.70
119 Sat 9:30 - 11 am
UCC Campus, TBD

JUST SEW

A sewing class for anyone who wants to sew by machine or hand. Bring your sewing problems and solve them while you improve and build your skill base. Beginning Quilters are also welcome as instructor works with each student on an individual basis. See you there! Call instructor Lorna Ramberg prior to class for advice on what to bring or questions: 541-378-7033 $55

WI19SEWING1.70
2/5 - 3/3 Tue 1 - 2:30 pm
UCC Campus, TBD

MOVERS AND “SHAKERS” SCRAPBOOK STYLE

Learn the different ways to apply shaker elements to your scrap booking pages and cards. Despite what the name suggests, shakers create a “wow” factor without actually being shaken. Shakers are a perfect way to display non-archival items, while protecting your photos. All supplies included.

Instructor: K. Moore $45

WI19SHAKERS1.70
2/25 Mon 6 - 8 pm
UCC Campus, TBD

PRINTMAKING WITH A GELATIN PLATE

Instructor, Cheryl Stokes will guide you in the hugely popular art of making mono-prints using a gelatin plate. Beautiful patterns will be created with a variety of tools and objects from nature. You may wish to use some of the finished pieces in the bookbinding class next month. All materials will be provided. $39

WI19PRINTMAKING1.70
2/9 Sat 2 - 4 pm
UCC Campus, TBD

TEXTURE, PAGES

Would you like to bring more life into your scrapbook pages? In this class you will learn to add texture to your pages and cards with the newest trend “Texture Paste”. You will learn to create a double page layout, two cards and discover 3 ways to use your texture paste. Instructor: K. Moore $45

WI19TEXTURE1.70
3/4 Mon 6 - 8 pm
UCC Campus, TBD

FOR THE MOST UP-TO-DATE COURSE INFORMATION, CALL (541) 440-4668 OR GO TO www.umpqua.edu/cwt

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
PHOTOGRAPHY

DIGITAL CAMERA BASICS
Jump out of the automatic setting rut! Understand and operate your digital camera to take better pictures! Explore the settings and features of this amazing technology. Bring your camera and the instruction manual to class and be ready to have some fun. This class is offered for GOLD CARD members. $79

UCC Campus, TBD
2/4 - 2/5 Mon. Tue 5 - 8 pm
WI19DIGITALCAMERA1.70

BEGINNING NATURE PHOTOGRAPHY
Are you tired of blurry, grain pictures you took of that amazing sunset or wildlife encounter? Local nature photographer, Isaac Ashby, will show you how to turn that poor, barely-recognizable picture into something that you will proudly frame and put on a wall! This class will focus on the basics of nature photography including camera functions, how to capture and use light as well as beginning composition. All cameras welcome!

UCC Campus, TBD
1/10 - 1/17 Thu 6 - 8 pm
WI19NATUREPHOTO1.70

COMPUTERS

BASIC SKILLS

COMPUTER ESSENTIALS 1
Do you want to learn more and feel more comfortable with your computer? This class is for you. Learn basic commands and terminology, use a mouse or keyboard and multitasking with Windows 8.1. You will also learn to keep track of all your information by using Windows file management. Explore keyboard shortcuts and media player. This class is recommended for people who do not have computer experience. Early registration is encouraged for this popular class. Instructor: C. McCormick. Gold card members use discount code GOLD at checkout. $89

UCC Campus, TBD
2/4 - 2/13 Mon, Wed 4:15 - 6:15 pm
WI19ESSENTIALS1.70

COMPUTER ESSENTIALS 2
This class is the next step in getting comfortable with and understanding your computer. Explore the Microsoft store and learn about applications; how to install, launch and customize their privacy. You will explore the internet and dive into word processing, spreadsheets, sticky notes and much more. Learn to use the personalization settings and make your computer your own. Instructor: C. McCormick. Gold card members use discount code GOLD at checkout. $89

UCC Campus, TBD
2/25 - 2/26 Mon, Tue 5 - 8 pm
WI19ESSENTIALS2.70

SOFTWARE APPLICATIONS

EXCEL BASICS
Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: L. Way $69

UCC Campus, TBD
2/11 - 2/12 Mon, Tue 5 - 8 pm
WI19EXCEL1.70

EXCEL BEYOND THE BASICS
Go beyond the basics and learn to link and manage worksheet information as well as use shortcuts to become more efficient. You will learn functions like SUM, MIN, MAX, SUBTOTAL, SUMIFS, COUNTIF and more. You will also leave class with the ability to organize, process and analyze worksheet data, link to Word and Power Point documents and much more. Instructor: L. Way $69

UCC Campus, TBD
2/25 - 2/26 Mon, Tue 5 - 8 pm
WI19EXCEL2.70

MICROSOFT WORD PART 1
This class is your roadmap to creating documents. You will focus on the basics and learn how to use the ribbon, tabs, toolbars and how to manipulate and format text. Explore page layout options, how to utilize headers and footers as well as create columns and more. Hands on and casually paced. Students should have already completed “Computer Essentials classes.” Early registration is encouraged for this popular class. Instructor: C. McCormick To take both classes in this series (Microsoft Word1 and Microsoft Word2) for a discounted rate, please add both courses to your shopping cart and apply the discount “WORD.” $69

UCC Campus, TBD
1/21 - 1/22 Tue, Thu 4 - 6 pm
WI19WORD1.70

MICROSOFT WORD PART 2
Continue your Microsoft Word experience with this class. You will delve into tables, bulleted and numbered lists, heading styles and how to use and create templates. This class will also teach you how to use mail and label merge. Learn to create fillable forms and to convert Word files to PDF files. Hands on and casually paced. Students should have already completed “Word Part 1.” Early registration is encouraged for this popular class.

UCC Campus, TBD
1/21 - 1/22 Tue, Thu 4 - 6 pm
WI19WORD1.70
COMMUNITY AND WORKFORCE TRAINING

Instructor: C. McCormick To take both classes in this series (Microsoft Word 1 and Microsoft Word 2) for a discounted rate, please add both courses to your shopping cart and apply the discount "WORD." $69

WI19WORD2.70
1/24 - 1/31 Tue, Thu 4 - 6 pm
UCC Campus, TBD

QUICKBOOKS BASICS
Set up a company file, build a chart of accounts, enter check and cash transactions, reconcile bank statements, study AP/AR, create reports, and more. Prior computer experience recommended. Suggested for users who are new to QuickBooks. $75

WI19QUICKBOOKS1.70
1/15 - 1/22 Tue, Thu 1:30 - 4 pm
UCC Campus, TBDWCH 12

CONSUMER ELECTRONICS

iPAD PART 1
Come and discover the framework of the iPad. In this class you will explore both the hardware, settings, built-in features, how to add/delete/group/move icons, use your command center, update your contacts and discover how understanding Apple logic will help make working with an "I" device easier across the board. Bring your iPad to class. Some iPads available for use, call 541-440-4655 to reserve an iPad. Instructor: L. Way $49

WI19IPAD1.70
1/28 Mon 5 - 8 pm
UCC Campus, TBD

iPAD PART 2
Discover more about working with the iPad. Explore iTunes, the App Store to download movies, books & music, learn the ins and outs of Safari, discover what questions you can ask Siri and more. Bring your iPad to class. Instructor: L. Way Some iPads available for use, call 541-440-4655 to reserve an iPad. $49

WI19IPAD2.70
1/29 Tue 5 - 8 pm
UCC Campus, TBD

iPAD PART SERIES
Take all three iPad Classes for one low price. $85

WI19IPAD4.70
1/28 - 1/29 Mon, Tues 5 - 8 pm
UCC Campus, TBD

SAMSUNG/ANDROID TABLET

Do you have an Android smartphone? Are you considering buying one? Bring your fully charged Android phone to class and learn about the device's core functions and settings. Discover fun apps using the Google Play store, sync your device with your Google account, and explore how to connect your home computer to upload and share pictures and videos. Enroll in this class and learn how to get the most from the computer in your pocket. Instructor: K. Miller $59

WI19ANDROIDPHONE1.70
1/22 - 1/29 Tue 1 - 4 pm
UCC Campus, TBD

SAMSUNG/ANDROID TABLET

Bring your Android Tablet to this class and see what it's capable of. You will move through the device's settings and principal functions. This class will also explore fun apps using the Google Play Store, show you how to sync your device with your Google account, and explore how to connect to your home computer to upload and share pictures and videos. $59

WI19ANDROIDTABLET7.70
3/12 - 3/19 Tue 12 noon - 3 pm
UCC Campus, TBD

WEB-BASED APPLICATIONS

AMAZON PRIME 101
Learn how to navigate your Amazon Prime Membership. We will discuss Amazon Prime Video, Pantry, Music and much more. Join us in this NEW class as you learn how to get the most out of your Amazon Prime Account. Instructor: L. Smith $29

WI19AMAZON1.70
2/21 Thu 2:30 - 4:30 pm
UCC Campus, TBD

MAKE MONEY SELLING ON THE INTERNET

Do you want to successfully make money selling your items on the internet? Join this class and learn how to sell your items by using the most popular website such as eBay, Craigslist, Amazon.com and others. You will learn which sites work best for your items and which items are prohibited or potentially illegal to sell. You will also become aware of communication and security issues, as well as some of the problems encountered when posting an ad. Gold card members use discount code GOLD at checkout. Instructor: C. McCormick. $75

WI19SELLINGONNET1.70
3/12 - 3/19 Tue 12 noon - 3 pm
UCC Campus, TBD

SOCIAL MEDIA FOR BEGINNERS
Social media is great for meeting new people, keeping up with current events and learning about interesting projects. Join us for an overview of Facebook, Instagram and Twitter. Learn how to create an account, post to your account, and how to keep your account secure. This basic "how to" course will get you started on how to use social media and all it has to offer! Instructor: L. Smith $49

WI19SOCIALMEDIA1.70
3/6 - 3/20 Wed 2 - 4 pm
UCC Campus, TBD

CPR/FIRST AID
The American Heart Association strongly promotes knowledge and proficiency in BLS/ACLS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American heart Association, and any fees charged for such a course do not represent income to the Association. Classes with low enrollment are subject to cancellation.

LEGAL NURSE CONSULTANT ONLINE TRAINING COURSE
This exciting program prepares Registered Nurses and Physician’s Assistants for a career in the legal field as legal nurse consultants. Building on the medical education and clinical experience of RNs and PAs, this course provides the RN and PA with fundamental skills necessary to advise law firms, health care providers, insurance companies, and governmental agencies regarding medically-related issues and to appear in court as expert witnesses. See attached information for more details or call 541-440-7691. Successful graduates will be awarded a Document of Completion from the College through which they are registered. Required book for this class: Legal Nurse Consulting Principles and Practices, 3rd edition (2 volume set), $175. To order, call The Center for Legal Studies at 1-888-930-4047

WI19LEGALNURSECONSOL01.20
1/14 - 3/1 Online

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668

FOR THE MOST UP-TO-DATE COURSE INFORMATION, CALL (541) 440-4668 OR GO TO www.umpqua.edu/cwt
MEDICAL PROFESSIONAL LEGAL CONSULTANT

This program provides medical professionals with the opportunity to train for a career in the legal field as a medical professional legal consultant (MPLC). Building on their medical education and clinical experience, this course prepares participants to advise law firms, health care providers, insurance companies, and governmental agencies regarding medically related issues and to testify in court as expert witnesses. The course teaches legal concepts related to the health care industry, as well as the role a legal consultant might play in litigation areas such as medical malpractice, toxic torts, products liability, personal injury, wrongful death, criminal law, and workers’ compensation. This program is approved for 45.00 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Tuition $975 plus books. To order go to www.legalstudies.com/bookstore WI19LEGALCONSULT01.20 $975 1/14 - 3/1 Online

AHA BLS/HS INSTRUCTOR TRAINING

This course teaches prospective instructors of First Aid/CPR/AED for both Healthcare Providers and the Lay Responder how to prepare for the class. Pre-requisite for this class is a current provider card in the discipline you will be teaching. This is a 7 hour class. Instructor Manual not included in the course fee. It is available at the Community Ed office or online. For more information call Sarah at 541-440-4660. Course fee $249

AHA HEALTHCARE PROVIDER (BLS)

This basic Life Support class is for Healthcare Providers. The course covers the Emergency Cardiovascular Care Guidelines including use of Automatic External Defibrillators and Bag Valve Mask Devices. Adult and infant CPR will be covered. This class can be delivered at specific work locations on request. For more information call Sarah at 541-440-4660, or Judy at 541-440-7691. Fee $79

WI19AHABLSCP01.20 1/7 Mon 5 - 9:30 pm UCC CAMPUS, CWT 15
WI19AHABLSCP02.20 1/23 Wed 5 - 9:30 pm UCC CAMPUS, CWT 15
WI19AHABLSCP03.20 2/5 Tue 5 - 9:30 pm UCC CAMPUS, CWT 15
WI19AHABLSCP04.20 2/21 Thu 5 - 9:30 pm UCC CAMPUS, CWT 15
WI19AHABLSCP05.20 3/2 Sat 9 am - 2:30 pm UCC CAMPUS, CWT 15
WI19AHABLSCP06.20 3/18 Mon 5 - 9:30 pm UCC CAMPUS, CWT 15
COMMUNITY AND WORKFORCE TRAINING

COMMUNITY MEMBERS & FAMILIES

AHA CPR/AED TRAINING
This course teaches you how to give CPR and how to use an AED for both adults and children. The use of barrier devices for all ages will also be discussed.

$59
WI19AHASHCPRO1.20
1/16  Wed
UCC CAMPUS, CWT 15
5 - 9:30 pm

WI19AHASHCPRO2.20
2/13  Wed
UCC CAMPUS, CWT 15
5 - 9:30 pm

WI19AHASHCPRO3.20
3/12  Tue
UCC CAMPUS, CWT 15
5 - 9:30 pm

AHA FIRST AID CPR AED
This American Heart Association Heartsaver First Aid/CPR course teaches how to manage illness and injuries for adults and children in the first few minutes until professional help arrives. For more information call Sarah at 541-440-4660. Fee $89

WI19AHASHFACPRAEO1.20
1/16 - 1/17  Wed, Thu
UCC CAMPUS, CWT 15
5 - 9:30 pm

WI19AHASHFACPRAEO2.20
2/13 - 2/14  Wed, Thu
UCC CAMPUS, CWT 15
5 - 9:30 pm

WI19AHASHFACPRAEO3.20
3/12 - 3/13  Tue, Wed
UCC CAMPUS, CWT 15
5 - 9:30 pm

AHA FIRST AID/CPR AED FOR INFANTS
This AHA Heartsaver First Aid/CPR/AED course teaches how to manage illness and injuries for children and infants in the first few minutes until professional help arrives. This class also teaches CPR, AED use, relief of choking and use of barrier devices for all ages. Bring a lunch. For more information call Sarah at 541-440-4660. $79

WI19AHAINFO1.20
2/2  Sat
UCC CAMPUS, TAP 18
8:30 am - 4:30 pm

DRIVER EDUCATION

High School Sessions: age 15-17 with Permit - $199

Roseburg
1/14 - 3/4  M, W
UCC Campus, CWT 10
6 - 8:30 pm

Glide
1/15 - 2/26  T, R
Glide High School, 18990 N Umpqua Hwy
6 - 8:30 pm

Winston
1/9 - 2/27  M, W
Douglas High School, 1381 NW Douglas Blvd.
6 - 8:30 pm

Permit Test Prep - $59

Roseburg
1/8  T
UCC Campus, TBD
5 - 8:30 pm

Adult Sessions: age 18+ or 16-17 with License - $379

Roseburg
1/14 - 3/4  M, W
UCC Campus, CWT 10
6 - 8:30 pm

Glide
1/15 - 2/26  T, R
Glide High School, 18990 N Umpqua Hwy
6 - 8:30 pm

Winston
1/9 - 2/27  M, W
Douglas High School, 1381 NW Douglas Blvd.
6 - 8:30 pm

Adult Behind the Wheel Drive Lessons - $60
Call to schedule
WI19BTWADULTBTW1.10

Biopic Behind the Wheel Drive Lessons - $75
Call to schedule
WI19BIOPTIC2.10

Information: 541.440.7776

FOR THE MOST UP-TO-DATE COURSE INFORMATION, CALL (541) 440-4668 OR GO TO www.umpqua.edu/cwt

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
WINTER TERM CLASSES

**FITNESS/HEALTH**

**EXCERCISE**

**AIKIDO**
Develop self-defense skills, improve balance and physical conditioning! Aikido is a modern Japanese martial art in which cultivation of internal power is more important than physical strength. The goal of Aikido is not to defeat the opponent, but to defeat the negative aspects within ourselves. Training takes place in an environment of cooperation and support. Ages 13 - 100 are welcome! $45

**BOOT CAMP: NOT AS SCARY AS YOU THINK**
Get the bootcamp intensity without the impact! This class introduces you to a variety of workout methods to improve your health in a non-competitive group environment. Build overall body strength, endurance, aerobic capacity and balance while minimizing joint stress. All fitness levels are welcome. Wear loose fitting clothes and bring an exercise mat and a core ball. $69

**GET MOVING! GET FIT! TOO**
Just like the original Get Moving class, this comprehensive exercise program is ideal for all ages. A portion of each class will include the use of stepping benches. Participants will enjoy the benefits of improved flexibility, coordination, strength and balance with the goal of maintaining your independence and reducing your risk of falling. Please bring handheld weights of your choice. Instructor: J. Helliwell. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. $89

**QIGONG/ TAI-CHI**
Qigong/ Tai-Chi techniques rest the mind while strengthening and working the body. This ancient physical form uses stretching, deep breathing and invigorating circular motion to awaken and loosen the entire body. Beginning and intermediate students of all ages are welcome! Instructor: D. Robison-Bryan. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. $69

**TONE TO THE BONE**
This class is designed to improve muscle tone, core strength and flexibility. All major muscle groups are targeted to help tone the entire body. Wear comfortable clothing and bring a mat. All fitness levels are welcome. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: R. Norrington. $69

**BARRE INTENSITY WITH PILATES**
Barre intensity combines attributes of Pilates, dance and functional fitness. Jennifer Ferguson, Barre intensity trained, will target legs, glutes, arms, chest, abdominal, and lower back with this upbeat, full body workout. This class is all about muscle definition, improve posture, and increase muscle definition, improve posture, and increase cardiovascular fitness. Moves are easily scaled to fit participants’ levels of fitness. Please bring light hand weights, exercise mat and a core ball. $69

**GET FIT! TOO**
This class is designed to improve muscle tone, core strength and flexibility. All major muscle groups are targeted to help tone the entire body. Wear comfortable clothing and bring a mat. All fitness levels are welcome. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: R. VanWinkle. $69

**TONE TO THE BONE**
This class is designed to improve muscle tone, core strength and flexibility. All major muscle groups are targeted to help tone the entire body. Wear comfortable clothing and bring a mat. All fitness levels are welcome. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: D. Robison-Bryan. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. $69

**ZUMBA FOR HEALTH**
Zumba is the workout that doesn’t feel like a workout! Not only is this Latin-infused workout fun and exciting, it is also a great way to improve your health. It helps improve coordination, boosts your heart health and helps you de-stress. Not to mention it’s just a lot of fun! This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: K. Todd. $99

**AURA**
The aura is a biofield of energy that surrounds your body. This energy field protects you and also acts as an antenna by bringing in other’s energies. The auraic field can be severely disrupted and can be torn or ripped when you experience trauma. This class will teach basic concepts of what the aura is, and will teach specific self-care exercises to keep your aura strong and healthy. $29

**USING AURA TO HEAL**
A new class entitled Using Aura to Heal will introduce participants to the concept of the aura and its importance in healing. This class will focus on understanding the aura, its role in healing, and how to use your aura to heal others. $49

**HEALTH**

**FACIAL TONING**
Beginner facial toning class to tone your cheeks, chin, forehead, and neck. Class is taught using a facial roller. $29

**ZUMBA FOR HEALTH**
Zumba is the workout that doesn’t feel like a workout! Not only is this Latin-infused workout fun and exciting, it is also a great way to improve your health. It helps improve coordination, boosts your heart health and helps you de-stress. Not to mention it’s just a lot of fun! This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: K. Todd. $99

**TONE TO THE BONE**
This class is designed to improve muscle tone, core strength and flexibility. All major muscle groups are targeted to help tone the entire body. Wear comfortable clothing and bring a mat. All fitness levels are welcome. This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: R. Norrington. $69

**ZUMBA FOR HEALTH**
Zumba is the workout that doesn’t feel like a workout! Not only is this Latin-infused workout fun and exciting, it is also a great way to improve your health. It helps improve coordination, boosts your heart health and helps you de-stress. Not to mention it’s just a lot of fun! This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout. Instructor: K. Todd. $99
MINDFULNESS-BASED STRESS REDUCTION
This is a well-researched program dating back to 1979 by founder Jon Kabut Zinn that helps people cope with a myriad of issues that are made worse with stress. The program serves to support people with high levels of stress in their lives, anxiety, depression, chronic pain, alleviating stress symptoms related to medical conditions and much more. The course will include in instruction in mindfulness and gentle movements. Instructor: M. Krugel $125
WI19MINDFULSTRESS1.70
2/5 - 3/30 Tue, Sat 6:30 - 8:30 pm
(1ST class is Sat from 8am-5pm)
UCC Campus, TBD

THE TRUTH ABOUT HAPPINESS
Designed to teach students how to take control of their own happiness even while facing life’s biggest challenges. Learn how to improve personal and professional relationships and reduce toxic emotions such as worrying, irritation, anxiety and anger. This class offers empowering, life-changing content that will enable students to experience more happiness in their life. Instructor: R. Norrington $75
WI19HAPPINESS1.70
2/7 / 3/18 Thu
UCC Campus, TBD

WAKE UP TO YOUR HIGHER SELF
This six-week course is designed to help you change your mindset and change your life. You will learn to unlock the habits that keep you from living at your best. Gain control of how you experience your life and more. Workbook included. Instructor: K. Crabtree $49
WI19WAKEUP1.70
1/15 - 2/19 Tue 5:30 - 7:30 pm
UCC Campus, TBD

INTRODUCTION TO HEALING TOUCH
Healing Touch is an energy therapy that uses your hands in a heart centered and intentional way to support and facilitate physical, emotional, mental and spiritual well-being. Healing touch can promote physical and mental relaxation, and reduce pain, stress and anxiety. This class will teach Healing Touch self-care techniques to promote a sense of balance and relaxation. Julie Stump, RN, BC, EEM-CP $297
WI19HEALINGTOUCH1.70
2/21 Thu 6 - 8 pm
UCC Campus, TBD

HOME & GARDEN
FOOD & BEVERAGE
BREAD BAKING
Baking bread is a lot easier than it seems. It’s possible to get lost in the scientific reasons for why certain breads end up certain ways - but it’s also possible to have a delicious homemade loaf without worrying about the whys. Chef Jay Ervin will guide you through the steps to making your own wonderful homemade bread. The first night you will learn and make starters for the next day’s baking class. $45
WI19BREADBASICS1.70
1/18 - 1/19 Fri 6-8pm, Sat 2-5 pm
UCC Campus, Bistro

TRULY TRUFFLE-IFIC CHOCOLATE
Chocolate Truffle troubles no more! Join pastry chef, Jay Ervin, in this tasty hands-on class! Learn the basics to making these beautiful, bite-sized treats. He will guide you in every step of creating delicious delicacies, perfect for Valentine’s Day, or impressing your guests. All supplies included! $39
WI19TRUFFLES1.70
2/8 Fri 6 - 9 pm
UCC Campus, Bistro

GERMAN CUISINE
Come to this class and learn some German cooking techniques. You will learn to prepare sauerbraten (a German pot roast), stuffed potato dumplings, a German potato salad and a surprise German dessert. Instructor: B. Stumpe $45
WI19GERMANCUISINE1.70
2/21 Thu 5:30 - 8:30 pm
Brandy’s Place
287 Bailey Dr, Roseburg

HOME
TOO MUCH STUFF!
Need to Downsize? Overwhelmed? Come learn benefits, advantages & strategies to help you take control, weed out, let “it” go!, and make positive changes to your life. Talk about STRESS relief! Let Rita Prothero, Professional Organizer, help you with benefits, solutions, tips, local resources and more. $45
WI19STUFF1.70
1/26 Sat 10 am - 2:30 pm
UCC Campus, TBD

SHOP
BUILD YOUR OWN WOOD TABLE
Do you want a beautiful wood table? Why not make your own? This class starts with the basic elements of table design and construction and from there, additional elements can be added or modified to the design you prefer, such as farm, rustic, shaker styles, etc. This class will provide the tools and instruction to help you build the skills you’ll need to make your own table, even if you have never done anything involving woodworking before. The class instructor, Jim Brokenbourgh, a 30 year custom furniture maker, will take you step by step through the process, including basic wood properties, making your own plans, how to select wood and the safe use of woodworking tools and equipment, plus finishing ideas. Table size and types of wood are flexible. Fee does not include supplies. This class may include a field trip to the instructor’s wood shop. $275
WI19WOODTABLE1.70
1/23 - 3/27 Wed 6 - 8:30 pm
Riddle High School Woodshop
147 Main St, Riddle

FOR THE MOST UP-TO-DATE COURSE INFORMATION, CALL (541) 440-4668 OR GO TO www.umpqua.edu/cwt
FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
**WOODWORKING WORKSHOP**

Make something beautiful with wood! Students will learn woodworking techniques with hands-on experience. The class encompasses types of wood and their selection, joinery, and safe use of woodworking machinery and hand tools. Assistance in project selection will be provided, or you may choose your own! Your teacher is Jim Brokenbourgh, an experienced woodworker with over 30 years as a custom furniture maker and many years of providing private woodworking classes. Students supply their own wood. All levels of students are welcome! A safety orientation will be conducted on the first day of class for students that have not attended a previous class in the last year, please show up an hour early for the first class. This class is offered for GOLD CARD MEMBERS. Gold Card members use discount code GOLD at checkout. $89

W19WOODWORKING1.70
1/24 - 3/14 Thu 6:30 - 8:30 pm
Riddle High School Woodshop
147 Main St, Riddle

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**LANGUAGE & WRITING**

**FOREIGN LANGUAGE**

**PRIMO ITALIANO**

Ciao amici! This class offers students an opportunity to gain speaking knowledge of the basics of the Italian language in a relaxed environment, with Italian “extras” such as discussions about Italian geography, traditions, history, and music. Whether you will be traveling to Italy soon, or just want to become acquainted with the beautiful “language of love,” this class will have you speaking and understanding basic Italian by term’s end. $69

W19PRIMOITALIAN1.70
1/17 - 1/31 Thu 6:30 - 7:45 pm
UCC Campus, TBD

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**SIGN LANGUAGE**

**BEGINNING SIGN LANGUAGE**

Sign language is the third most common “foreign” language in the United States, and can be used right here in the Northwest. Learn and practice finger spelling and signs for 350-450 words in this welcoming environment. Class includes a fun field trip to practice your new skills. $65

W19BEGSIGN1.70
1/29 - 3/26 Tue 5 - 7 pm
UCC Campus, TBD

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**CONTINUING SIGN LANGUAGE**

Pick up speed and expand your signing vocabulary with immersion practice. Learn 350 more words and become a better communicator. Class will include two field trips. $65

W19CONTSIGN1.70
1/31 - 4/1 Mon 5 - 7 pm
UCC Campus, TBD

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**WRITING**

**EVERY LIFE HAS A STORY**

Learn how to be a storyteller by capturing, organizing, preserving and recording the priceless stories of your life and the stories of the special people you have known. The class will include discussions on storytelling in various forms, from essays to autobiographies, written as well as visual methods of presentation. There will also be samples, demonstrations and hands-on exercises. The instructor is Ada Duncan, a retired newspaper journalist and author. She currently writes a monthly column for The News Review. This class is offered for GOLD CARD MEMBERS. Gold Card members use discount code GOLD at checkout. $65

W19EVERYLIFESTORY1.70
1/29 - 3/5 Tue 2 - 4 pm
UCC Campus, TBD

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**YOUR LAST STORY - OBITUARY WRITING**

Writing your own obituary will give you a chance for self-reflection, bring a new perspective on your life, re-kindle some memories and remove the burden from your loved ones. You will have an opportunity to compose your obituary in class, which you can re-write or amend later. Instructor: A Duncan $29

W19OBITWRITING1.70
3/21 Thu 1 - 3 pm
UCC Campus, TBD

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**RECREATION**

**DANCE**

**BALLROOM DANCE, WHAT IS IT?**

What is ballroom? A survey of 4 American Style ballroom dances: foxtrot, waltz, east coast swing, and rumba. These classes will prepare the students for more advanced study of these 4 American style ballroom dances. Most of the classwork will be technique work and dance music identification not requiring a partner but both singles and couples are invited. $45

W19BALLROOM1.70
1/17 - 2/7 Thu 7:30 - 8:30 pm
Roseburg Dance Studios
865 SE Court St, Roseburg
MIDDLE EASTERN BELLY DANCING
Imagine yourself having fun while getting fit! Belly dance is a creative form of exercise and self-expression that combines a variety of steps and styles from the Middle East into a great overall body-toning exercise. Shed old ideas of physical boundaries as you learn new ways of moving while toning your core muscles. Drop old inhibitions while having fun. Join Mezdulene Reed, an internationally known expert and dance your way to fitness. Wear comfortable clothing and bring water. $35
WI19BELLYDANCING1.70
1/22 - 3/12 Tue 6:30 - 7:30 pm Roseburg Dance Studios 865 SE Court St, Roseburg

OUTDOOR RECREATION & SPORTS

CELLPHONE OUTDOOR NAVIGATION
Every year thousands of people in Oregon get lost. With a smartphone in your hand, you have a valuable GPS device to help you find your way. This class will teach you how to use the phone GPS to navigate in the wilderness. You will learn the basics of GPS technology, how to apply it to the outdoors, and which apps are recommended for outdoor navigation. All phones welcome. Instructor is Isaac Ashby of Tyee Outdoor Experience. $35
WI19CELLNAVIGATION1.70
2/23 Sat 2 - 4 pm UCC Campus, TBD

SPINNER BUILDING FOR TROUT, STEELHEAD AND SALMON
Few fishing baits can match the spinner in attracting fish and eliciting explosive bites. Yet the spinner is easily lost, expensive to replace, and most are designed with the fisherman in mind and not the fish. In this class, you will learn the basics of what makes a spinner effective and when to use each color, type, and size. Finally, you will make 5 customized spinners to take home with you to try at your favorite fishing hole. Instructor: Isaac Ashby of Tyee Outdoor Experience $45
WI19SPINNER1.70
2/9 Sat 2 - 4 pm UCC Campus, TBD

BUILDING A SURVIVAL KIT
Many of the commercial survival kits are more useful as door props than life-saving emergency tools. Why? They include cheap components and prioritize the wrong things. Isaac Ashby of Tyee Outdoor Experience will teach you how to make an effective survival kit filled with quality gear. All participants will receive a small tin survival kit that they will build themselves in class. $35
WI19SURVIVALKIT1.70
3 - 7 Thu 6 - 8 pm UCC CAMPUS, TBD

SAFETY

BOATER SAFETY
Receive practical and relevant instruction from a trained boater safety instructor. Students who pass the course can apply for their boater education card as required by Oregon’s mandatory Boater Education Program. Boater Handbook must be completed prior to class. 2 - 4 hour per-course study. All operators of powerboats are required to carry the Boater Education Card. Info or to request book contact Judy at 541-440-7691. Fee $20
WI19BOAT01.20
1/7 Mon 5 - 9 pm UCC Campus, TAP 14
WI19BOAT02.20
2/4 Mon 5 - 9 pm UCC Campus, TAP 14
WI19BOAT03.2
3/4 Mon 5 - 9 pm UCC Campus, TAP 14

LEARN TO DRIVE YOUR MOTORHOME
Need to learn how to drive your motor home? This class will take you from checking the vehicle before you take off (pre-trip) to driving it down the road and parking. Feel secure in your ability to get where you need to go in an emergency, or just enjoy some time behind the wheel. You must have a valid driver's license to take this 4-hour course. You must provide your own RV with registration and insurance. Course fee is $299 for 4 hours of instruction. Additional time is $79 per hour. Call to make an appointment 541-440-7776
WI19MOTORHOME8.10
3/4 - 3/27 8 - 9 am 8 - 9 am UCC Campus CWT 14

BUILD A SURVIVAL KIT
Many of the commercial survival kits are more useful as door props than life-saving emergency tools. Why? They include cheap components and prioritize the wrong things. Isaac Ashby of Tyee Outdoor Experience will teach you how to make an effective survival kit filled with quality gear. All participants will receive a small tin survival kit that they will build themselves in class. $35
WI19SURVIVALKIT1.70
3 - 7 Thu 6 - 8 pm UCC CAMPUS, TBD

A HANDGUN SAFETY AND SELF DEFENSE
During the classroom session you will gain the knowledge and proficiency to properly use and care for handguns, from a nationally certified instructor. You will also learn practical self-awareness applications for the modern world. Saturday morning class will meet at the Roseburg BiMart, north parking lot, to caravan to the practice site where you will practice safety and marksmanship, utilizing a series of targets. For the field segment of the workshop, provide your own hearing/eye protection, handgun, if available, and 50 rounds of factory-loaded ammunition. If you don’t have a handgun purchase 50 rounds of ammunition for one of the following weapons .22 caliber, .38 or 9mm. If you have little to no knowledge of firearms or ammo, please do not buy anything until first calling and talking with the instructor. Do this several days or weeks in advance of the class, if possible. Upon completion, participants will be eligible to apply for a Concealed Weapon Permit. Class fee $79
WI19HANDGUN01.20
3/14 - 3/16 Thu, Sat 6 - 9 pm UCC Campus, CWT 10

SPECIAL INTEREST
EUROPE ON YOUR OWN
Traveling in Europe on your own terms can be a wonderful adventure if you are well-prepared. When you plan and organize your own travel you can decide how, when and where you’ll travel and at the same time travel more economically. Instructors Jean and Wes Melo have lived in Europe and often return. In this class they’ll share their recommendations to help independent travelers enjoy a safe and enjoyable vacation. Travel tips will include planning your trip, the best months to travel, packing, the best flights to take (or avoid!), the best places to visit, pros and cons of train travel vs. renting a car, and lots more. $59
WI19EUROPEOWN1.70
3/15 - 3/22 Fri 6:30 - 8:30 pm UCC Campus, TBD

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
ITALIANO MERAVIGLIOSO  new!

This class is an opportunity for people who have previously studied Italian, or have taken Primo Italiano, to review and continue their studies with others who are interested in knowing more Italian. Discussions of Italian culture, customs, food, history and travel tips will be interspersed with dialogues, stories and games that teach sentence structure, a bit of grammar, and lots of usable vocabulary. There will be several short homework assignments each week. Instructor: J. Melo $69
WI19ITALIANOMERAVIGLIOSO1.70 2/21- 2/24 Thu - Sun 6:30 - 7:45 pm UCC Campus, TBD

SMART SOCIAL SECURITY STRATEGIES  new!

During this workshop you will learn: How much Social Security you stand to receive over your lifetime, Rules and guidelines for when you should apply for benefits, How decisions you make in your 60's can determine the amount of income you - or your surviving spouse - will have in your 80's and 90's. How spouses with little earnings can take advantage of Social Security benefits. The most important thing all higher-earning spouses should do. Two key things you need to know about Social Security survivor benefits. How remarriage affects survivor benefits from a former spouse. How to avoid mistakes at your Social Security office. $29
WI19SOCIALSECURITY1.70 3/20 Wed 6:30 - 8 pm UCC Campus, TBD

SMART IRA PLANNING AND RETIREMENT INCOME PLANNING  new!

Join this “how to” workshop focusing on understanding retirement accounts and options which include: six retirement options every retiree needs to know and picking the right one, rules for rollovers, when to convert to a Roth IRA, and when and if to take a lump sum distributions. Instructor: R. Prime $29
WI19IRAPLAN1.70 2/26 Tue 7 - 8:30 pm UCC Campus, TBD

PRIMO ITALIANO

Ciao amici! This class offers students an opportunity to gain a speaking knowledge of the basics of the Italian language in a relaxed environment, with Italian “extras” such as discussions about Italian geography, traditions, history and music. Whether you will be traveling to Italy soon, or just want to become acquainted with the beautiful “language of love,” this class will have you speaking and understanding basic Italian by term’s end. $69
WI19PRIMOITALIANO1.70 1/17 - 1/31 Thu 6:30 - 7:45 pm UCC Campus, TBD

ACT/SAT TEST PREPARATION ONLINE COURSE

Almost all undergraduate colleges and universities require that prospective students take either the ACT or the SAT and most students take both. This customized course combines our popular ACT and SAT test prep into one low cost price. This course will prepare you for all question types found on both the ACT and SAT using test-taking techniques taught to thousands of college bound students around the world. We will analyze each of the test questions areas and give special consideration given to math and verbal refreshers and techniques aimed at relieving test-taking anxiety. You will practice on actual ACT and SAT tests from previous years, and we will fully explain and interpret the correct and incorrect answers in an online format. Fee $150
WI19SACTATTOPREP01.20 1/14 - 3/1 Online

ALTERNATIVE DISPUTE RESOLUTION

Participants will learn negotiation skills and how to select the most cost-effective and least intrusive ADR method to achieve the most positive result for both parties. Students will understand the processes and methods of ADR techniques; learn the proper application and limits of ADR techniques; appreciate the ethical consideration involved in ADR; and develop a basic ability to apply ADR methods. For more information see attached Course info sheet. Class fee $645. Required book for this class is: ADR in a Nutshell, $40. Call The Center for Legal Studies at 1-888-930-4047. $729
WI19ALTDISPUTERESOL01.20 1/14 - 3/1 Online

MAKE PARENTING A PLEASURE

Parents are their child’s first and most important teacher! Learn techniques to help your child learn and grow through positive parent-child interactions and modeling expected behavior. Take Root and UCC present this class for parents and caregivers of children birth to 9 years of age. A representative will contact you before class to arrange your childcare needs. Class is free of charge; donations will be accepted to help cover program costs. Instructor M. Christian FREE
WI19MPAPRIDDLE1.99 1/16 - 3/20 Wed 6 - 8 pm Riddle Elementary 463 Park St, Riddle

HAPPY MONSTER, SAD MONSTER

Young children experience big feelings on a daily basis and need our guidance to develop social emotional competency. Discover fun ways to cultivate your child’s emotional intelligence through the use of children’s literature and related activities. Take Root, Family Connections and UCC present this workshop for parents and caregivers of children birth to 9 years of age. Participants need to make their own childcare arrangements. Instructor: B. Tenneson FREE
Call Family Connections at 541-440-7705 to register
WI19HAPPYMONSTER1.99 2/21 Thu 6 - 8 pm Douglas ESD 1871 NE Stephens St, Roseburg

WE READ! EXPLORING CHILDREN’S LITERACY

Reading to young children is one of the best ways to get their brains to start making connections. Learn ways to engage your child while you read with them, and enrich their minds during story time. Take Root, Family Connections and UCC present this class for parents and caregivers of children 0-5 years of age. Participants need to make their own childcare arrangements. Instructor: S. Leedom. FREE
WI19WEREAD1.99 4/6 Wed 6 - 8 pm Douglas ESD 1871 NE Stephens St, Roseburg
COMMUNITY AND WORKFORCE TRAINING

BABY HEALTH 101
How much time should babies spend in front of a screen? How can you engage an infant’s mind? Parents and caregivers can learn some baby basics and helpful tips, to have a few tricks up their sleeves to help keep life with baby running smoothly. The Take Root Parenting Hub, Care Connections and UCC present this workshop for parents and caregivers of children birth to 9 years of age. Participants need to make their own childcare arrangements. Instructor: L. Austin. FREE
WI19BABYHEALTH1.99
1/10       Thu       6 - 8 pm
CHI Mercy Health
2700 NW Stewart Parkway, Roseburg

CAREER & CONTINUING EDUCATION

COMPUTERS

EXCEL BASICS
Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: L. Way $69
WI19EXCEL1.70
2/11 - 2/12     Mon, Tue     5 - 8 pm
UCC Campus, TBD

EXCEL BEYOND THE BASICS
Go beyond the basics and learn to link and manage worksheet information as well as use shortcuts to become more efficient. You will learn functions like SUM, MIN, MAX, SUBTOTAL, SUMIFS, COUNTIF and more. You will also leave class with the ability to organize, process and analyze worksheet data, link to Word and Power Point documents and much more. Instructor: L. Way $69
WI19EXCEL2.70
2/25 - 2/26     Mon, Tue     5 - 8 pm
UCC Campus, TBD

EXCEL BEYOND THE BASICS
Go beyond the basics and learn to link and manage worksheet information as well as use shortcuts to become more efficient. You will learn functions like SUM, MIN, MAX, SUBTOTAL, SUMIFS, COUNTIF and more. You will also leave class with the ability to organize, process and analyze worksheet data, link to Word and Power Point documents and much more. Instructor: L. Way $69
WI19EXCEL2.70
2/25 - 2/26     Mon, Tue     5 - 8 pm
UCC Campus, TBD

QUICKBOOKS BASICS
Set up a company file, build a chart of accounts, enter check and cash transactions, reconcile bank statements, study AP/AR, create reports, and more. Prior computer experience recommended. Suggested for users who are new to QuickBooks. $75
WI19QUICKBOOKS1.70
1/15 - 1/22     Tue, Thu     1:30 - 4pm
UCC Campus, WCH 12

INTRODUCTION TO 3D PRINTING
In this course, you will learn how to separate the real promise of the technology from the hype, and understand the workflow for a consumer-level 3D printer. You will become familiar with some typical online databases of objects available to print, and get a bit of experience with free or open-source software for all stages of the process. Must be registered by 2/5/19. Visit http://www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. $195 ONLINE COURSE
WI19INTRO3DPRINT1.55
2/4 - 3/1     Online

GOOGLE ANALYTICS
This course, aimed at non-technical users, will take you through all the key techniques and how to use website analytics using the world-standard Google Analytics, a free online tool. $195
WI19GOOGLEANALYTICS1.55
2/4 - 3/1     Online

INTRODUCTION TO SOCIAL MEDIA
Learn what social media are and their role in your business and personal life. Find out the top sites and how businesses are using the sites for communication, customer retention, branding, marketing, market research, needs assessment and serving customers and clients. $195
WI19INTROSOCIAL1.55
3/7 - 3/27     Online

MARKETING USING SOCIAL MEDIA
Develop a two-way communication and marketing strategy for your organization using social media. Let your instructor guide you in exploring major social media, including Twitter, LinkedIn, and blogging. $195
WI19MARKETINGSOCIAL1.55
3/1 - 3/29     Online

CONFLICT MANAGEMENT
Discover a workable conflict management model, discuss case studies in conflict management, and then take away successful conflict management strategies to apply in your workplace. Must be registered by 2/5/19. Visit http://www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. ONLINE COURSE
WI19CONFLICT1.55
2/4 - 3/1     Online

21ST CENTURY STRATEGIES FOR PRODUCTIVITY
You’ll get tips and techniques you won’t get anywhere else for managing time and increasing productivity. Whether you are managing your own time, or others’ time, come away with proven tips to put into practice on Monday morning. $245
WI1921STCENTURYPRODUCTIVITY1.55
2/4 - 3/1     Online

GOOGLE APPS FOR BUSINESS
Move beyond the basic features you figured out on your own. Be able to use them to work collaboratively and increase productivity. Learn how to run online meetings and webinars. $195
WI19GOOGLEAPPS1.55
3/4 - 3/29     Online
OCCUPATIONAL & LICENSING

CERTIFIED PRODUCTION TECHNICIAN TRAINING (CPT)
This course covers four CORE areas of competency: Safety, Quality Practices and Measurement, Manufacturing Process and Production, Maintenance Awareness. Call for more information about this 8-week program that includes classroom time as well as industry tours. Call for more information: Judy 541-440-7691 $1899

PHARMACY TECH TRAINING
UCC will be offering a comprehensive 51-hour course to prepare students to enter the pharmacy field and take the Pharmacy Technician exam. The course includes pharmacy specific medical terminology, reading and interpreting prescriptions and defining drugs by generic and brand names. Students learn dosage calculations, IV flow rates, drug compounding, dose conversions, dispensing of prescriptions, inventory control and billing, and reimbursement. Book is included in the course fee and will be distributed first night of class for more information call John 541-440-7650. $649

LIMITED PUMP INSTALLER CONTRACTORS LICENSE
This course will serve in lieu of the one year experience required for the Limited Pump Installer’s license. Assistance will be provided for license application to the Building Codes Division. This course will provide the electrical background and techniques necessary for a contractor to install and service residential pumping systems. This course is for people wanting a Limited Pump Installer Contractors License. Limited space available. OAR 918-030-0015 requires contractors registered with the Building codes Division to maintain an active CCB license. Be sure to provide the business/company’s CCB number and expiration date. If the business is exempt from CCB licensure, submit with the application a letter, on letterhead, stating the reason for the exemption. Contact Judy for more information. 541-440-7691 $899

COMMERCIAL TRUCK DRIVING
UCC Commercial Truck Driving Program is for anyone wanting to drive vehicles requiring a Class A CDL. Classes run about every 5-6 weeks. To find out more about the program please call Judy at 541-440-7691. Call for pricing and dates
COMMUNITY AND WORKFORCE TRAINING

WASTEWATER COLLECTION SYSTEMS ONLINE
This is an introductory course covering the basics of wastewater collection systems. Primary focus will be pipe sizing, general system components, installation, inspection, operation and maintenance techniques. Field trips may be made to existing facilities and work under construction. This online class qualifies for 2.9 Wastewater Continuing Education Units (CEUs) and is offered Winter Term. Fee: $325
W19WWCOLLECTSYSTEM01.20
1/5 - 1/11 Online

WASTEWATER TREATMENT ONLINE
This course covers the fundamentals of wastewater treatment facilities, including operation and maintenance of facilities. This online class qualifies for 2.9 Wastewater Continuing Education Units (CEUs) and is offered Winter Term. Fee: $325
W19WWTREATMENT01.20
1/7 - 3/15 Online

INTELLECTUAL PROPERTY LAW FOR ENGINEERS ONLINE
This class deals with patent applications, research and prosecution; the law of infringement, and computer applications of software (protected by copyright) and hardware (by patents). We will also state what other concepts are patented, as well as machines, processes, mixtures, manufacturing, compositions of materials and methods of doing business and research. Course fee $749. Required book: Intellectual Property Law for Engineers and Scientists, $105. To order, call The Center for Legal Studies at 1-888-930-4047. See attachment for more information. $749
W19INTELLPROPLAWING01.20
1/14 - 3/1 Online

EMPLOYMENT LAW CERT COURSE ONLINE
Preferred SHRM Provider. Topics to be included are master and servant, wages and hours, anti-discrimination in employment and minimum wages and maximum hours, as well as regulation of working conditions. Course fee $729. Book required: Basic Labor and Employment Law for Paralegals, 2nd edition, by Clyde E. Craig. $149
W19EMPLAWCERT01.20
1/14 - 2/22 Online

GRADUATE MANAGEMENT ADMISSION TEST PREPARATION ONLINE
Most MBA programs across the country and internationally require a Graduate Management Admission Test score for program admission. This unique online format combines the convenience of independent study with the camaraderie of a classroom environment. The GMAT has four different sections - analytical writing, integrated reasoning, verbal and quantitative. The online course is divided into two separate courses to prepare you for the verbal and analytical writing section of the GMAT and one to prepare you for the quantitative and integrated reasoning sections. Fee $300
W19GMATTESTPREP01.20
1/14 - 3/1 Online

CERTIFIED FLAGGER TRAINING
Prepare to be a Flagger for work zone traffic control. Learn the basics of flagging and traffic control. Receive State of ODOT Credentials for Flaggers. Valid for three years Class fee includes textbooks. Must be 18 or older to get a job as a Flagger. Information: Judy 541-440-7691. Fee $119
W19FLAGGER01.20
1/8 - 2/5 Tue
UCC Campus, CWT 16
4:30 - 10:00 pm

FORKLIFT TRAINING
This course provides the skills necessary for the operator to carry out the requirements of moving large and heavy materials from one location to another in a safe manner as approved by the Occupational Safety and Health Act. At the conclusion students will: Know the features of a lift truck, recognize the importance stable loads and the center of gravity, estimate load capacity, conduct mechanical checks while the engine is stopped and running, demonstrate safe starting procedures, demonstrate basic operating procedures, conduct driving exercises and directional changes safely, demonstrate the skill of inching, move loads of various weights, dimensions and balance points, pass a written test. Information: Call J. Ode at 541-440-7691. $95
W19FORKLIFT01.20
3/21 - 3/22 Sat
UCC Campus, WCH 14
8:30 am - 3:30 pm

OSHA ACCIDENT INVESTIGATION
In accident investigation you will learn about: why investigations are important; and the six-step process for conducting an accident investigation. This how-to workshop builds on the basic introduction in class 101 - Workplace Safety Meetings and Committees. To register contact 1-888-292-5247 (option 2) W19OSHAACCIDENTINVESTIG01.20
2/21 Thu
UCC Campus, CWT 10
1 - 5 pm

FOR THE MOST UP-TO-DATE COURSE INFORMATION, CALL (541) 440-4668 OR GO TO www.umpqua.edu/cwt

FOR MORE INFORMATION OR TO REGISTER BY PHONE, CALL COMMUNITY & WORKFORCE TRAINING: 541-440-4668
OSHÄ SAFETY MEETINGS AND COMMITTEES
This introductory class discusses the role and purpose of the safety meetings and/or committee; employer and employee responsibilities; and safety committee training requirements. To register contact 1-888-292-5247 (option 2).
WI19OHSASAFETY1.20
2/21 Thu 8am-12noon
UCC Campus, CWT 10

GRANT WRITING FOR NON-PROFIT PROFESSIONALS
This 2- session workshop, from research to review, is designed specifically for those working with non-profit organizations or for those who want to hone their professional grant writing skills. Participants do not need to have prior grant writing experience. Early registration is advised due to limited seating. $119
WI19GRANTWRITING1.55
1/31 - 2/7 Thu 10 am - 2 pm
UCC Campus, TBD

VICTIM ADVOCACY CERT COURSE
This intensive online program is designed to train and qualify students to provide assistance to crime victims. The course provides an overview of criminal procedure and discusses the devastating effect crime can have on its victims. No book required for this class. For more information call The Center for Legal Studies at 1-888-238-5204. Class fee $729
WI19VICTIMADVOCAC1.20
1/14 - 3/1 Online

21ST CENTURY STRATEGIES FOR PRODUCTIVITY
You’ll get tips and techniques you won’t get anywhere else for managing time and increasing productivity. Whether you are managing your own time, or others’ time, come away with proven tips to put into practice on Monday morning. $245
WI1921STCENTURYPRODUCTIVITY1.55
2/4 - 3/1 Online

PROJECT MANAGEMENT PROCESS
Acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge (PMBOK) Guide. $195
WI19PROJECTPROCESS1.55
3/4 - 3/29 Online

LEADERSHIP BOOTCAMP
Do you have leaders in your organization ready to go to the next level? UCC is offering a 7 week Leadership Bootcamp cohort where emerging managers, shift leads, and administrators can improve their leadership and supervisory skills in the workplace. Students can earn a Non Credit Training Certificate for successful completion. Topics Include: Leadership and Influence, Coaching, Giving and Receiving Feedback, Workplace Improvement Project Plan, Time Management, Growth Plan, and Goal Setting, Motivation of Self and Teams, Conflict Resolution, Generations in the Workplace, Problem Solving, Decision Making, and Communication. Each session will have lunch provided. Instructor & Facilitator: Christina Wooten, UCC Adjunct Business Faculty & Certified speaker, coach and trainer with the John Maxwell team. For more info contact John Fett: John.Fett@umpqua.edu or 541-440-7650
$799
1/15 - 2/26 TAP 14 8am-2:30pm

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