

COMMUNITY AND WORKFORCE TRAINING

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HOURS & LOCATION

**Old Science Building
Community and Workforce Training
1140 Umpqua College Rd. Roseburg**
Office 541-440-4668

Summer Hours
Mon - Thursday 8 am - 5 pm

DATES

May
13 | Monday
Summer Registration Begins
27 | Monday
Memorial Day (campus closed)

June
24 | Monday
Summer Classes Begin

July
3-5 | Thursday - Friday
Independence Day (campus closed)

August
5 | Monday
Fall Registration Begins

September
2 | Monday
Labor Day (campus closed)

CONTACT STAFF

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Arts, Crafts, Fitness, Home & Garden, Special Interest, Discovery College for Kids, Matrix Classes for Middle/HS Students, Dance, Recreation, Languages, Writing, Genealogy, Computers, Online, Photo Editing:
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READING THE COMMUNITY AND WORKFORCE TRAINING SCHEDULE

course title →	FLOWER ARRANGING 101 Flower arranging is an art form. If you have the proper tools and a little vision, anyone can make a beautiful arrangement.	
total cost →	\$39	
Session I.D. →	SU19FLOWERS1.70	
class dates →	6/12	Wed ←
class location →	CWT 14	6 - 8 pm ←
		day(s) of the week ←
		class hours ←

Days of the Week

Mon = Monday Fri = Friday
Tue = Tuesday Sat = Saturday
Wed = Wednesday Sun = Sunday
Thu = Thursday

Class meets all days listed. For example:

Tue, Thu = meets Tuesday AND Thursday
Sat, Sun = meets Saturday AND Sunday
Mon, Tue, Wed, Fri = meets Monday, Tuesday, Wednesday, Friday



Community and Workforce Training
 UMPQUA COMMUNITY COLLEGE
 2555 NE Diamond Lake Blvd
 Roseburg, OR 97470
 (541) 440-4668

Date of Birth (Required): _____

Date: _____ Term: FA WI SP SU

Gender: Male Female Other US Citizen: Yes No

Ethnicity (optional): Asian Black Hispanic Native American White

Enrollment Status:
 Enrolling for the first time
 Returning Student

Email: _____
 Registration Confirmation/Receipts sent via email

Name: _____
Last First MI

Mailing Address: _____

City State Zip

Home Phone: _____ Other Phone: _____

COURSE TITLE	FEE	COURSE TITLE	FEE

Student Signature: _____ Date: _____

Total Due: _____ Paid by: Check (No.) _____ Cash _____ Visa, Discover, Mastercard Number: _____

Address (If other than Student): _____ 3 Digit Code (Back of card) _____ EXP Date _____

Signature of Cardholder Signifying Approval & Authorization: _____ Date: _____

In case of Refund: credit/debit cards will be credited. All other forms of refund payment will be issued to the student via check.

REGISTRATION POLICIES & PROCEDURES

UCC Community Education Classes are open to the public. Classes are open to students 16 years and older unless otherwise stated. Youth and Family classes are specifically designed for young people, teens, or families. Community Education and Workforce Training classes are separate from credit offerings and do not count towards degrees, diplomas, or certificate programs.

PAYMENT

Payment is due at time of registration. Make checks payable to UCC. Visa, MasterCard and Discover Card are accepted.

REGISTRATION

Pre-registration for Community Education classes is strongly encouraged. Registration at the first class session cannot be guaranteed in cases where the class is full or cancelled due to low enrollment numbers.

4 WAYS TO REGISTER

- Online** – Go to umpqua.edu/cwt and select the "Register Here" button. You will be able to view and register for Community, Workforce Training, and Small Business Classes.
- Phone** – Call 541-440-4668 weekdays between 8:00 am – 5:00 pm. We accept Visa, Master Card and Discover.
- Mail** – Mail a completed Community Education registration form found on this page with payment to: UCC Community & Workforce Training, P.O. Box 967, Roseburg, OR 97470. Do not send cash. Mail-in registration does not guarantee space. Fax to 541-440-7721.

- In Person** – Register at the UCC Community and Workforce Training Office - UCC Campus, Old Science Building (1140 Umpqua College Rd.) between 8 am – 5 pm, Monday through Friday. UCC is closed on Fridays from mid-June through mid-September.

REFUNDS

- Full refunds will be issued to all students if UCC must cancel a class.
- Students are eligible for a refund if they drop a class two business days prior to the class start date. To cancel a class, contact UCC Community & Workforce Training at 541-440-4668.
- Financial credit towards future classes may be considered based on special circumstances but is not guaranteed. Requests based on special circumstances must be requested in writing to the Community and Workforce Training Office - UCC Campus, Old Science Building, 1140 Umpqua College Rd.

COMMUNICATION

Those registering online will receive confirmation to the email entered in the system. Those registering by phone, in person, or by mail will receive confirmation after the payment is processed. We will also contact you if the class is cancelled, if there is a change in time, facility or location, or if the class is full.

INCLEMENT WEATHER

UCC Community Education Classes held on campus are closed when UCC is officially closed due to severe weather. If your class is

held at a local school and the school is closed due to weather, your class will be cancelled for the evening. Listen to local radio stations or visit the UCC website www.umpqua.edu for weather closure information.

CAMPUS PARKING

Umpqua Community College provides ample parking spaces near and around all campus buildings. Students may park in any space, except for staff (green) and visitor (white) and those reserved for persons with a disabled person parking permit, which are marked in blue with signs. Stickers and placards required to park in disabled parking spaces are issued by the Oregon Division of Motor Vehicles. Please note that traffic citations will be issued for improperly parked vehicles. For more information, go to www.umpqua.edu/parking.

GOLD CARD PROGRAM — SENIOR DISCOUNT

20% GOLD CARD

Douglas County Residents who are 60 years of age or older, and Disability Gold Card holders are eligible for a **20% discount** off the costs of selected Community Education classes. Look for the symbol for classes that qualify for the Gold Card discount. **Eligible residents should enter "GOLD" during checkout or ask for discount if registering over the phone.**

ARTS & CRAFTS

CREATIVE ARTS

FLOWER ARRANGING 101 **new!**

Flower arranging is an art form. If you have the proper tools and a little vision, anyone can make a beautiful arrangement. In this class, you will explore your creativity and make a small fresh flower arrangement to take home and enjoy or gift to a loved one. All supplies included. Instructor: F. Brochu \$39

SU19FLOWERS1.70
6/12 Wed 6 - 8 pm
CWT 14

WREATHS AND WINE **new!**

Add some DIY patriotic decor to your home this summer with a fun red, white and blue grape vine wreath that you create. With just a few easy steps, you'll have a fun and festive wreath to display for all of your summer celebrations. Enjoy a glass or flight of wine courtesy of UCC's SOWI program. Please bring your ID. Bottles available for purchase. Instructor: L. Smith \$39

SU19WREATHWINE1.70
6/15 Sat 12 noon - 2 pm
Lang Conference Rm (209)

HANDMADE LONG STEM ROSES **new!**

Join this class and learn the art of sculpting your own long stem roses out of polymer clay. Instructor Deb Baxter will walk you through the process of creating your own beautiful roses to enjoy for yourself or to give away as a gift. \$25

SU19CLAYROSES1.70
7/30 Tue 10 am - 12 noon
CWT 14

BEADS, BEADS AND MORE BEADS **new!**

Do you like to make your own jewelry or do crafting with beautiful beads? Now you can, with beads that you make by hand. Instructor Deb Baxter will walk you through the fun process of creating your own paper beads that are dipped in varnish for protection, so that they can be used to make jewelry, lanyards and lots of other fun projects. \$25

SU19BEADS1.70
8/21 Tue 10 am - 12 noon
CWT 14



DRAWING & PAINTING

WATERCOLOR FOR EVERYONE **new!**

Instructor Wayne Medley has been watercolor painting for years. His involvement was through an introductory course that proved he had no talent. However, through persistence and training, he ultimately became successful in this art form that has resulted in him selling several of his works - demonstrating that anybody has artistic ability when taught the basics of watercolor painting. Supply list provided at first class. \$69

SU19WATERCOLOR1.70
6/19 - 8/7 (Excl. 7/3) Wed 1 - 2 pm
CWT 17

COMPUTERS

BASIC SKILLS SOFTWARE APPLICATIONS

EXCEL BASICS

Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: C. McCormick \$69

SU19EXCEL1.70
6/24 - 6/25 Mon, Tue 1 - 4 pm
CWT 17

CONSUMER ELECTRONICS

iPAD PART 1

Come and discover the framework of the iPad. In this class you will explore both the hardware, settings, built-in features, how to add/delete/group/move icons, use your command center, update your contacts and discover how understanding Apple logic will help make working with an "i" device easier across the board. Bring your iPad to class. Some iPads available for use, call 541-440-4655 to reserve an iPad. Instructor: L. Way \$49

SU19IPAD1.70
7/8 Mon 9 am - 12 noon
TAP 18

iPAD PART 2

Discover more about working with the iPad. Explore iTunes, the App Store to download movies, books & music, learn the ins and outs of Safari, and discover what questions you can ask Siri and more. Bring your iPad to class. Instructor: L. Way Some iPads available for use, call 541-440-4655 to reserve an iPad. \$49

SU19IPAD2.70
7/9 Tue 9 am - 12 noon
TAP 18

iPAD SERIES

Take both iPad Classes for one low price. \$85
SU19IPAD3.70
7/8 - 7/9 Mon, Tue 9 am - 12 noon
TAP 18

CPR/FIRST AID

The American Heart Association strongly promotes knowledge and proficiency in BLS/ACLS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American heart Association, and any fees charged for such a course do not represent income to the Association. Classes with low enrollment are subject to cancellation.

HEALTHCARE PROFESSIONALS

LEGAL NURSE CONSULTANT TRAINING COURSE **ONLINE**

This course prepares the Registered Nurses and Physician's Assistant for a career in the legal field as a legal nurse consultant building on the medical education and clinical experience of RN's and PA's. Class Fee \$895

SU19LEGALNURSECONS01.20
Online

MEDICAL PROFESSIONAL LEGAL CONSULTANT **ONLINE**

This program provides medical professionals with the opportunity to train for a career in the legal field as a medical professional legal consultant (MPLC). This program is approved for 45.00 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Tuition \$975 plus books.

SU19LEGALCONSULT01.20
Online

SUMMER TERM CLASSES

AHA ACLS SKILLS CHECK

To access the online portion go to www.onlineAHA.org. To arrange date and time for the skills check, call Sarah at 541-440-4660, or Judy at 541-440-7691. \$249

Call for appointment.

AHA BLS/HS INSTRUCTOR TRAINING

This course teaches prospective instructors of First Aid/CPR/AED for both Healthcare Providers and the Lay Responder how to prepare for the class. Pre-requisite for this class is a current provider card in the discipline you will be teaching. This is a 7-hour class. Instructor Manual not included in the course fee. It is available at the Community Ed office or online. For more information, call Sarah at 541-440-4660. Course fee \$249

SU19AHAINSTCOURSE01.20

7/20 Sat 8:30 am - 4 pm
CWT 15

AHA HEALTHCARE PROVIDER SKILLS CHECK

To access the online portion go to www.onlineAHA.org. Call 541-440-7691 or 541-440-4660 to schedule the skills check. Be sure to print the certificate from the online session and bring with you to the skills check session. \$60

SU19AHAHCPSC01.20

Call for appointment

AHA HEALTHCARE PROVIDER (BLS)

This BLS class is for Healthcare Providers. The course covers the Emergency Cardiovascular Care Guidelines including use of AED's and Bag Valve Mask Devices. Adult and infant CPR will be covered. This class can be delivered at specific work locations on request. For more information call Sarah at 541-440-4660, or Judy at 541-440-7691. \$89

SP19AHABLSCPR03.20

6/10 Mon 5 - 9:30 pm
CWT 15

SU19AHABLSCPR01.20

7/22 Mon 5 - 9:30 pm
CWT 17

SU19AHAHCP02.20

8/22 Thu 5 - 9:30 pm
CWT 15

SP19AHABLSCPR03.20

6/10 Mon 5 - 9:30 PM
CWT 15

SU19AHABLSCPR01.20

RECERT



7/22 Mon 5 - 9:30 PM
CWT 17

SU19AHABLSCPR02.20

8/22 Thu 5 - 9:30 PM
CWT 15

RECERT

COMMUNITY MEMBERS & FAMILIES

AHA CPR/AED TRAINING

This course teaches you how to give CPR and how to use an AED for both adults and children. The use of barrier devices for all ages will also be discussed. \$59

SU19AHAHSCPR01.20

7/17 Wed 5 - 9:30 pm
CWT 17

SU19AHAHSCPR02.20

8/24 Sat 8:30 - 11:30 am
CWT 15

AHA FIRST AID CPR AED

This American Heart Association Heartsaver First Aid/CPR course teaches how to manage illness and injuries for adults and children in the first few minutes until professional help arrives. For more information, call Sarah at 541-440-4660. Fee \$89

SU19AHAFACPR01.20

8/24 Sat 8:30 am - 4:30 pm
CWT 15

SU19AHAHAFACPR01.20

7/17-7/18 Wed, Thu 5 - 9:30 pm
CWT 17

SU19AHAHAFACPR02.20

8/24 Sat 8:30 am - 4:30 pm
CWT 15

AHA FIRST AID/CPR AED FOR INFANTS

This AHA Heartsaver First Aid/CPR/AED course teaches how to manage illness and injuries for children and infants in the first few minutes until professional help arrives. If you are interested in this course, please call 541-440-4660. \$89

SP19AHAINFO2.20

6/15 Sat 8:30 am - 4:30 pm
CWT 15

SU19AHAINFO01.20

08/17 Sat 8:30 am- 4:30 pm
CWT 15

DRIVER EDUCATION

High School Sessions: age 15-17 with Permit - \$199

Roseburg	SU19HSDERSBG1.10
7/8 - 8/19 M, W	6 - 8:30 pm
UCC Campus, CWT 10	
	SU19HSDERSBGAM2.10
7/9 - 8/6 T, W, R	9 - 11:30 am
UCC Campus, CWT 11	
	SU19HSDERSBGP3.10
8/5 - 8/26 M, T, W, R	8:30 - 11 am
UCC Campus, CWT 15	

Permit Test Prep - \$59

Roseburg	SU19PERMITPREP.10
6/18 T	5 - 9 pm
UCC Campus, CWT 15	

Adult Sessions: age 18+ or 16-17 with License - \$379

Roseburg	SU19ADERSBG1.10
7/8 - 8/19 M, W	6 - 8:30 pm
UCC Campus, CWT 10	
	SU19ADERSBGAM2.10
7/9 - 8/6 T, W, R	9 - 11:30 am
UCC Campus, CWT 11	
	SU19ADERSBGP3.10
8/5 - 8/26 M, T, W, R	8:30 - 11 am
UCC Campus, CWT 15	

Adult Behind the Wheel Drive Lessons - \$60
Call to schedule SU19ADULTBTW2.10

**Information:
541.440.7776**

FITNESS/HEALTH

You should understand that when participating in any exercise or physical activity program, there is a possibility of physical injury. If you engage in a UCC exercise or physical activity class, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and Umpqua Community College and representatives from any and all liability, claims, causes of action, known or unknown, arising from your participation.

EXERCISE

AIKIDO

Develop self-defense skills, improve balance and physical conditioning! Aikido is a modern Japanese martial art in which cultivation of internal power is more important than physical strength. The goal of Aikido is not to defeat the opponent, but to defeat the negative aspects within ourselves. Training takes place in an environment of cooperation and support. Ages 13 -100 are welcome! \$45

SU19AIKIDO1.70

6/25 - 8/27 (Excl. 7/4) Tue, Thu 7 - 8 pm
AC 12

AQUA ZUMBA

Jump in and get a great workout at the start of your day! Instructor, Kemberly Todd, will lead you through an exciting workout that combines some of the traditional elements of aqua fitness classes with the upbeat, Pop and Latin-infused dance moves and music Zumba is famous for.

SU19AQUAZUMBA1.70 \$129

6/17 - 8/28 Mon, Tue, Wed 6 - 7 am
AC4 POOL

SU19AQUAZUMBA1HALF1.70 \$79

6/17 - 7/24 (Excl. 7/1 - 7/3)
Mon, Tue, Wed 6 - 7 am
AC4 POOL

SU19AQUAZUMBA2HALF1.70 \$79

7/29 - 8/28 Mon, Tue, Wed 6 - 7 am
AC4 POOL

BARRE INTENSITY WITH PILATES

Barre intensity combines attributes of Pilates, dance and functional fitness. Jennifer Ferguson, Barre Intensity trained, will target legs, glutes, arms, chest, abdominal, and lower back with this upbeat, full body workout. We will build muscle definition, improve posture, and increase cardiovascular fitness. Moves are easily scaled to fit participants' levels of fitness. Please bring light

hand weights, exercise mat and a core ball. \$69

SU19BARRE1.70

6/24 - 8/21 Mon, Wed 6:30 - 7:30 pm
Roseburg Dance Studios
865 SE Court St. Roseburg

GET MOVING! GET FIT! TOO



This comprehensive exercise program is ideal for all ages. A portion of each class will include the use of stepping benches. Participants will enjoy the benefits of improved flexibility, coordination, strength and balance with the goal of maintaining your independence and reducing your risk of falling. Please bring handheld weights of your choice. Instructor: K. Bates. \$89

This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout.

SU19GETMOVINGTOO1.70

6/18 - 8/29 (Excl. 7/4, 7/9 & 7/11)
Tue, Thu 9-10 am
Hucrest Community Church
2075 NW Witherspoon Ave. Roseburg

GET MOVING! GET FIT!



This comprehensive exercise program is ideal for all ages! Participants will enjoy the benefits of improved flexibility, coordination, strength and balance without the stress of high-impact aerobics. Please bring an exercise mat and 1 lb. to 5lb. weights. Instructor: J. Helliwell \$69
This class is offered for GOLD CARD MEMBERS Gold Card members use discount code GOLD at checkout.

SU19GETMOVING1.70

6/24 - 7/26 (Excl. 7/3-5)
Mon, Wed, Fri 8:30 - 9:30 am
Glide Community Center
20062 N Umpqua Hwy Glide

QIGONG



Qigong techniques rest the mind while strengthening and working the body. This ancient physical form uses stretching, deep breathing and invigorating circular motion to awaken and loosen the entire body. You will tone and strengthen the muscles as well as clear and relax the mind, while increasing your natural energy flow. Beginning and intermediate students of all ages are welcome! Instructor: D. Robison-Bryan
Gold Card members use discount code GOLD at checkout.

SU19QIGONG1.70 Tue, Thu \$89

6/25 - 8/29 11 am - 12 noon
Roseburg Dance Studios
865 SE Court St Roseburg

SU19QIGONG2.70 Tue \$69

Roseburg Dance Studios
865 SE Court St Roseburg

SU19QIGONG3.70 Thu \$69

6/75 - 8/29 11 am - 12 noon
Roseburg Dance Studios
865 SE Court St Roseburg

YOGA FOR HEALTH

This Yoga Course is for anyone interested in exploring this mind-body practice. Did you know that Yoga will assist in building immunity, tones the spine, increases flexibility, and strengthens the body and aides in digestion, sleep and proper functioning of organs? This class will include all aspects of yoga - breath work, physical practice (asanas), meditation and some guiding principles behind the yogic lifestyle. All levels are welcome. Please bring a yoga mat and water to class with you. Instructor: D. Williams

SU19YOGA1HALF1.70 \$45

6/18 - 7/23 (Excl. 7/4) Tue, Thu 5:30 - 6:30 pm
WCH 20

SU19YOGA2HALF1.70 \$45

7/25 - 8/22 Tue, Thu 5:30 - 6:30 pm
WCH 20

SU19YOGAFULL1.70 \$79

6/18 - 8/22 (Excl. 7/4) Tue, Thu 5:30 - 6:30 pm
WCH 20

HEALTH

A DAY OF MINDFULNESS **new!**

Renew and refresh yourself with this one day mindfulness retreat. We will spend the day immersed in guided mindfulness practices, including sitting meditation, walking meditation, simple yoga practices, and eating meditation to nourish your body and mind. Instructor: M. Krugel \$69

SU19MINDFULDAY1.70

8/3 Sat 9 am - 4 pm
TAP 16

MINDFUL EATING **new!**

Learn core mindfulness practices to help you identify and overcome eating challenges, and begin to eat to nourish your body without judgement or self-criticism. Learn about cues to hunger and satiation, overcome non-hunger triggers for eating and learn to savor and truly enjoy your meals. Instructor: M. Krugel \$69

SU19MINDFULEATING1.70

7/23 - 8/27 Tue 4 - 6 pm

SUMMER TERM CLASSES

INTRODUCTION TO MINDFULNESS

new!

This six-week class will introduce you to core concepts of mindfulness that you can apply to your daily life. You will be introduced to mindfulness practices, the science and research behind mindfulness, and ways this may benefit you to meet the challenges and demands of everyday life. Instructor: M. Krugel \$69

SU19MINDFULNESS1.70

7/23 - 8/27 Tue 7 - 9 pm
TAP 16

HOME & GARDEN

GARDEN FOOD & BEVERAGE

PERFECT HOMEMADE CHEESECAKE

new!

Perfect cheesecake doesn't have to be intimidating! Baking a savory cheesecake should never be a source of anything except pure bliss. Not frustrating or distress and certainly never tears! In this class, instructor Michelle Bassett will walk you through the easy steps of making your very own decadent cheesecake. Each student will go home with a mini cheesecake and a mini spring form pan. Keto option available \$39

SU19CHEESECAKE1.70

6/26 Wed 5:30 - 8 pm
CC BISTRO

THE ART OF PICKLING

new!

Pickling can sound like a daunting task to the novice, but with a few simple ingredients and tools you will become a pickling pro in no time. In this class you will learn how to make homemade pickles and dilly beans. Everyone knows what a scrumptious pickle is but have you ever heard of a dilly bean? Dilly beans are pickled green beans and oh so good. Instructor M. Bassett. \$39

SU19PICKLING1.70

8/1 Thu 5:30 - 8 pm
CC BISTRO



College and representatives from any and all liability, claims, and causes of action, known or unknown, arising from your participation.

DANCE

MIDDLE EASTERN BELLY DANCE

Imagine yourself having fun while getting fit! Belly dance is a creative form of exercise and self-expression that combines a variety of steps and styles from the Middle East into a great overall body-toning exercise. Shed old ideas of physical boundaries as you learn new ways of moving while toning your core muscles. Wear comfortable clothing and bring water. Instructor: M. Reed \$55

SU19BELLYDANCING1.70

6/25 - 8/20 Tue 6:30 - 7:30 pm
Roseburg Dance Studios
865 SE Court St Roseburg

A TASTE OF HULA

new!

Calling all ladies who are interested in Hula. Not only is Hula a beautiful dance that is used to tell a story, it is also a fun way to get some exercise. Join this one day workshop to get a taste of Hula. Please wear comfortable clothes and shoes.

Instructor: S. Smith \$25

SU19HULA1.70

6/26 Wed 10 am - 12 noon
Location TBA

KICKIN' IT COUNTRY

new!

Boot up and join us for some of the most popular line dance and solo/partnership dances in every country bar from Roseburg to Texas. Stomp like What, Texas Two Step and the famous Tush Push are just a few of the dances you will learn. Can't wait to see you there! \$45

SU19COUNTRYLINE1.70

6/20 - 7/25 (Excl. 7/4) Thu 7 - 8 pm
Roseburg Dance Studios
865 SE Court St Roseburg

*Take all five for \$45 or pay at the door registrations welcome (\$15 per person)
This is a list of dances.

6/20 - Tush Push - Line Dance
6/27 - Cowboy Cha Cha - Solo/Partner
7/11 - Stomp Like What - Line Dance
7/18 - Texas Two Step - Solo/Partner
7/25 - Dizzy - Line Dance

LANGUAGES & WRITING

SIGN LANGUAGE

BEGINNING SIGN LANGUAGE

Sign language is the third most common "foreign" language in the United States, and can be used right here in the Northwest. Learn and practice finger spelling and signs for 350-450 words in this welcoming environment. Instructor: H. Vreeland \$65

SU19BEGSIGN1.70

6/20 - 8/22 Thu 5 - 7 pm
TAP 17

CONTINUING SIGN LANGUAGE

Pick up speed and expand your signing vocabulary with immersion practice. Learn 350 more words and become a better communicator. Class will include two field trips. \$65

SU19CONTSIGN1.70

6/19 - 8/7 Wed 5 - 7 pm
TAP 17

RECREATION

You should understand that when participating in any exercise or physical activity program, there is a possibility of physical injury. If you engage in a UCC exercise or physical activity class, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and Umpqua Community

OUTDOOR RECREATION & SPORTS

LEARN TO BACK YOUR TRAILER

You must have a valid driver license and your own vehicle and trailer.

COLLEGE OVERVIEW

GETTING STARTED

CREDIT SCHEDULE

ADULT BASIC SKILLS DEVELOPMENT

COMMUNITY & WORKFORCE TRAINING

SMALL BUSINESS DEVELOPMENT CENTER

SU19BACKYOURTRAILER1.10
Call for appointment.

LEARN TO DRIVE YOUR MOTORHOME

You must have a valid driver's license and your own RV with registration and insurance.

SU19MOTORHOME3.10
Call for appointment.

SAFETY

HANDGUN SAFETY & SELF DEFENSE

Gain knowledge and proficiency to properly use and care for handguns from a nationally certified instructor. Upon completion, participants will be eligible to apply for a Concealed Weapon Permit. Saturday class includes hands on practice of safety and marksmanship utilizing a series of targets. See full description online for handgun and ammunition requirements and options. \$79

SU19HANDGUN01.20
8/1 Thu, 6 - 9 pm & 8/03 Sat, 9 - noon
CWT 16 Thursday

BOATER SAFETY

Students who pass the course can apply for their boater education card as required by Oregon's mandatory Boater Education Program. Boater Handbook must be completed prior to class. 2 - 4 hour of per-course study. All operators of powerboats are required to carry the Boater Education Card. Info or to request book call 541-440-4668. \$20

SU19BOAT01.20
7/15 Mon 5 - 9 pm
CWT 17

SU19BOAT02.20
8/12 Mon 5 - 9 pm
CWT 16



SPECIAL INTEREST

BLACK JACK BASICS **new!**

Have you been intrigued or intimidated by the table games at casino? If so, this is the perfect class for you! Your instructor will teach you the basics of Blackjack as well as some great tips and tricks for playing a better hand. \$29

SU19BLACKJACK1.70
6/28 Fri 6 - 9 pm
WCH 18

LEARN TO PLAY 3 AND 4 CARD POKER **new!**

Learn to play some interesting twists on the classic game of poker. This class will introduce you to the games of 3 card and 4 card poker. Not only are these games gaining popularity because they're fun, but they are also easy to learn! \$29

SU1934CARDPOKER1.70
7/12 Fri 6 - 9 pm
WCH 18

ROULETTE ANYONE? **new!**

Roulette is one of the easiest games to play and understand in the casino. If you are looking for an easy to understand and slow paced table game, Roulette may be the game for you. Join this class and learn how the game is played as well as some tips and tricks. \$29

SU19ROULETTE1.70
7/26 Fri 6 - 9 pm
WCH 18

CASINO CARD SERIES

Register for all 3 casino card games (Blackjack Basics, 3 and 4 card Poker, Roulette) and receive a discount as well as a group tour of Seven Feathers Casino. \$75

SU19CASINOSERIES1.70
6/28 - 7/26 Fri 6 - 9 pm
WCH 18

LEARN TO PLAY DUPLICATE BRIDGE **new!**

Duplicate Bridge is a partnership card game played in a competitive environment. Every pair in a game has an opportunity to play defense or offense with the same cards greatly reducing the element of chance. Your results from each hand are compared with the results of others playing the same cards, highlighting your skill. You will develop communication, logic, and memory skills through card play. \$29

SU19BRIDGE1.70
6/27 - 8/15 Thu 1 - 3 pm
TAP 16

DISCOVER SCUBA **new!**

Have you ever wanted to learn to scuba, but weren't sure if it was for you? Here is your chance to come and see what it's all about. Join instructors Rich and D'Dee Hopkins in the UCC pool and see if scuba is for you. \$65

SU19DISCOVERSCUBA1.70
6/21 Wed 4:30 - 7 pm
Pool

SU19DISCOVERSCUBA2.70
6/28 Wed 4:30 - 7 pm
Pool

BASIC OPEN WATER SCUBA **new!**

This course covers necessary skills, physical conditioning and knowledge for the exciting sport of scuba diving. Diving skills such as hand signals, buoyancy control, equipment usage and diver safety will also be stressed. This course results in a PADI Open Water Certification Students are required to supply their own SCUBA mask, and this will be covered during the first class session. \$499

SU19BASCISCUBA1.70
7/24 - 8/16 Wed, Fri 4:30 - 7 pm
AC4 POOL

MEDICARE AND YOU

Learn the four parts of Medicare. In this workshop you will learn when to enroll in the different parts so you don't end up with penalties. Discover how Medicare Advantage and Supplement plans work. Gain the tools to make informed decision as to what kind of plan best meets your needs. Learn about a program that may pay some of all of Part B premium and lower your prescription drug cost. \$19

SU19MEDICARE1.70
6/6 Thu 1 - 2:30 pm
TAP 18

SU19MEDICARE2.70
7/11 Thu 1 - 2:30 pm
TAP 18

SU19MEDICARE3.70
8/8 Thu 1 - 2:30 pm
TAP 18

ACT/SAT PREPARATION ONLINE COURSE **ONLINE**

This course will prepare you for all question types found on both the ACT and SAT using test-taking techniques taught to thousands of college bound students around the world. Practice on actual ACT and SAT tests from previous years, and we fully explain and interpret the correct and incorrect answers in an online format. Fee \$150
SU19SATACTTESTPREP01.20
7/1 - 8/16 Online

SUMMER TERM CLASSES

ALTERNATIVE DISPUTE RESOLUTION **ONLINE**

Participants will learn negotiation skills and how to select the most cost-effective and least intrusive ADR method to achieve the most positive result for both parties. Course is 7 weeks. Fee \$729

SU19ALTDISPUTERESOL01.20
7/1 – 8/16 Online

VICTIM ADVOCACY CERTIFICATION COURSE **ONLINE**

NOVA Approved

Prepare to work in victim advocacy arenas. No book required for this class. Fee \$729

SU19VICTIMADVOCACY01.20
7/1 – 8/16 Online

CAREER & CONTINUING EDUCATION

EXCEL BASICS

Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: L. Way \$69

SU19EXCEL1.70
6/24-6/25 Mon, Tue 1 - 4 pm
CWT 17

MINDSET MATTERS

Cultivating a mindset that facilitates continuous improvement and life-long learning. In this course, learn how to identify and foster the proper mindset to drive them to achieve their goals professionally and personally. This course is great for those looking to take their career to the next level as well as those seeking a better attitude towards life in general. \$59

SU19MINDSETMATTERS1.55
7/9 - 7/30 Tue 6 - 8 pm
TAP 15

CONFLICT MANAGEMENT **ONLINE**

Discover a workable conflict management model, discuss case studies in conflict management, and then take away successful conflict management strategies to apply in your workplace. **ONLINE COURSE \$245**

SU19CONFLICT2.55
6/3 – 6/28 Online

INTRODUCTION TO PROJECT MANAGEMENT **ONLINE**

Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. \$195

SU19INTROPROJECTMANAGE1.55
6/3 – 6/28 Online

MASTER EXCEL

A must-have skill to succeed in business is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. Examine the life of an Excel worksheet and workbook, from creation to presentation. Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. You will leave class with a set of skills that are in high demand and will be a deciding factor in your future success. Fee \$195

SU19MASTEREXCEL1.55
6/3 – 6/28 Online

OCCUPATIONAL & LICENSING

DEALER SCHOOL, BLACKJACK, THREE AND FOUR CARD POKER & ULTIMATE TEXAS HOLD'EM **new!**

Have you ever wanted to be a Blackjack dealer in a casino? Then this is the course for you! Learn to deal Blackjack, and three poker-based games: Ultimate Texas Hold'Em; Three Card Poker; and Four Card Poker. A variety of math techniques will be taught, as well as the practical skills of shuffling, card delivery, and chip handling. Upon completion, students will be given an opportunity to audition on each game with Seven Feathers Casino. \$299

SU19DEALERSCHOOL1.55
6/24 - 8/12 (Excl. 7/3-7/5) Mon - Thu
9 am - 12 noon
WCH 18

WILDLAND FIRE FULL FOUR-DAY COURSE OPEN S130/S190

Full four-day S130, S190 and pack test. OPEN

S-130: Firefighter Training

S-190: Introduction to Wildland Fire Behavior

Pack Test

SU19WILDLAND4OPEN1.55
6/18 – 6/21 Tue – Fri 7 AM – 5 PM
HNSC 100

SU19WILDLAND1OPEN2.55
7/25 Thu 8 am – 5 pm
TAP 14

CERTIFIED FLAGGER TRAINING

Prepare to be a Flagger for work zone traffic control. Learn the basics of flagging and traffic control. Receive State of ODOT Credentials for Flaggers. Valid for three years. Class fee includes textbooks. Must be 18 or older to get a job as a Flagger. Information: Judy 541-440-7691. \$119

SU19FLAGGER01.20
7/30 Tue 4:30 - 10 pm
CWT 16

FORKLIFT TRAINING

This course provides the skills necessary for the operator to carry out the requirements of moving large and heavy materials from one location to another in a safe manner as approved by the Occupational Safety and Health Act. Information: Call J. Ode at 541-440-7691. \$95

SU19FORKLIFT01.20
8/17 Sat 8:30 am - 3:30 pm
WCH 15

CDL

Come in to Community & Workforce Training (CWT) and pick up your CDL Packet. Fill out the Application for Commercial Truck Driving Course and bring your completed application and packet to the next information session, where we will provide assistance and answer questions. Information sessions are held on Tuesday's at 2 PM and Thursday's at 9 AM in CWT 14.

CLASS A

Commercial Truck Driving Program please call Community & Workforce Training at 541-440-4668.

CLASS B CDL

Class B Commercial truck driving. \$1999
SU19CLASSBLISC4.10
6/22 – 6/23 Sat, Sun 8 am – 5 pm
CWT 15

