

Douglas County Mental Health Services Resource List

- **Compass Behavioral Health**
 - 621 W. Madrone, Roseburg, Or
 - 541-440-3532
 - 24 hour crisis line: 800-866-9780 (available to anyone)

- **Cow Creek Health and Wellness Center**
 - Offers therapy and teletherapy in their Roseburg and Canyonville locations. Two psychiatrists on staff for medication management, if needed. Serves tribal and nontribal members.
 - ***Roseburg Location***
 - 2371 NE Stephens St. Roseburg, OR, 97470
 - 541-672-8533
 - ***Canyonville Location***
 - 480 Wartahoo Lane, Canyonville, OR 97417
 - 541-839-1345

- **Valley View Counseling**
 - **1652 NW Hughwood Court, Roseburg, OR 97417**
 - 541-673-3985
 - <https://www.valleyviewcounseling.com>

- **Roseburg Therapy**
 - 272 NW Medical Loop, Suite E, Roseburg, Oregon, 97471
 - Call 541-900-4285.

- **Second Wind Wellness Center**
 - **11 SW Brantley Dr, Winston OR 97496**
 - 541-679-0366
 - Secondwindmentalhealth.com

- **Several Private Practice Therapists accepting OHP**
 - *Jessica Brake, LPC*
 - 2233 W Harvard Blvd
 - Roseburg, OR 97470
 - 541-670-2264
 - <https://jessicabrake.wixsite.com/therapy>
 - *Patricia Wafer, LCSW*
 - 753 S.E. Main Street Suite 104 Roseburg OR
 - 541-784-6935
 - Email: pat@patriciawaferlcsw.com
 - *Jessica Hansen, LPC*
 - 1490 NW Valley View Dr. Suite 2
 - 541-375-0314
 - <http://www.jessicahansenlpc.com/>
 - Email: JessicaHansen.LPC@gmail.com
 - Women's mental health
 - Nancy Armand, LMFT
 - 2233 West Harvard Avenue, Roseburg, OR 97471
 - 541-671-8137
 - N51armand@yahoo.com

*This is not an exhaustive list

- **Umpqua Health Alliance**
 - www.umpquahealth.com
 - Click on OHP Members
 - Click on find a provider
 - Click on Clinic List
 - Many Counselors/Therapists Listed with various credentials (LCSW, LPC, LMFT etc.)

- **Primary Care Clinics that have Mental Health Services, in addition to primary care (Require referral from primary care doctor):**
 - **Umpqua Community Health Center**
 - *Roseburg location:*
 - 150 NE Kenneth Ford Dr. Roseburg
 - 541-672-9596
 - *Myrtle Creek location:*
 - 790 S. Main St. Myrtle Creek, OR 97457
 - 541-860-4070

 - **South River Community Health Center**
 - 671 SW Main St. Winston, OR 97469
 - PO Box 12 Winston OR 97469
 - 541-492-4550

→Many primary care clinics offer mental health services. If you are set up with a primary care provider, ask if they have mental health services available to you through that clinic/provider.