

TREASURE BOXES

When we hear treasure, we may imagine pirates, precious gems, or gold. Our treasures are simply what is important, valuable, or meaningful to each of us that we want to keep safe and protected. This can include people, places, memories, things, and anything else in your life. You are invited to think about what you would like to keep protected. Using shapes, images, words, and/or symbols, fill your treasure box with what matters most to you. You can also decorate your treasure box in any way you wish. There is no right or wrong way to create. When you're done, you can share your treasure box with a person you trust and keep it in a safe place to remind of what is close to your heart.

